

# **MONMOUTH COLLEGE**

## **MEN'S CROSS COUNTRY RECORD BOOK**

### **TEAM HISTORY**

Men's cross country was begun at Monmouth in the fall of 1927. The first Midwest Collegiate Athletic Conference championship meet was held in 1929 and has been held annually except for the WWII years of 1941 through 1945. After Monmouth won MCAC titles in 1930 and 1931, the sport was dropped at the college but was reinstated in 1946. Monmouth won its first modern-era men's cross country title in the fall of 1996 as a member of the merged Midwest Conference (MWC). The conference men's championship course distance was 4 miles from 1946 to 1973 and increased to 5 miles from 1974 to 1980. The present race distance of 8000 meters was established in 1981 when most courses were changed to metric distances. The conference held separate men's and women's championship races in 1981 and 1982 but the league meets have been held at a common site since 1983.

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[revised December 2008]

## CROSS COUNTRY COACHES

<b>NAME</b>	<b>YEAR</b>	<b>NAME</b>	<b>YEAR</b>
George Graham	1927	Pete Smith	1962-63
Alex Thom	1928-29	Hank Andrew	1964-70
Earl Davis	1930-31	Jack Steger	1971-75
Glenn Robinson	1948-49	Pete Gebauer	1976
Bobby Woll	1950-54	Lyndon Brown	1977
Archie Harris	1955-56	Jud Kruidenier	1978, 1980-87
Charles Larson	1957	John Skornicka	1979
Don Rhodes	1958-59	Chris Pio	1988-98
John Corporan	1960	Dan Schisler	1999
Jim Humphrey	1961	Roger Haynes	2000-

## MIDWEST CONFERENCE CHAMPIONSHIP MEET RESULTS

<b>YR.</b>	<b>PLACE/PTS</b>	<b>COACH</b>	<b>HOST</b>
1929	5th	Thom	Cornell
1930	<b>1st - 11</b>	Davis	Cornell
1931	<b>1st - 9</b>	Davis	Cornell
1946	5th - 105		
1947	no score		
1948	5th - 105	Robinson	
1949	no score	Robinson	
1950	7th - 175	Woll	
1951	2nd - 79	Woll	
1952	6th - 131	Woll	
1953	2nd - 48	Woll	
1954	4th - 109	Woll	
1955	2nd - 61	Harris	
1956	3rd - 91	Harris	
1957	unknown	Larson	
1958	7th - 181	Rhodes	
1959	8th - 207	Rhodes	
1960	9th - 207	Corporan	
1961	no score	Humphrey	
1962	4th - 119	Smith	
1963	8th - 188	Smith	
1964	7th - 168	Andrew	
1965	8th - 202	Andrew	

1966	4th - 112	Andrew	
1967	8th - 166	Andrew	Chicago
1968	4th - 133	Andrew	Chicago
1969	7th - 152	Andrew	Chicago
1970	8th - 183	Andrew	Lawrence
1971	unknown	Steger	Lawrence
1972	10th - 273	Steger	Carleton
1973	9th - 283	Steger	Beloit
1974	9th - 212	Steger	Carleton
1975	5th - 127	Steger	Coe
1976	7th - 129	Gebauer	Coe
1977	6th - 129	Brown	Grinnell
1978	6th - 178	Kruidenier	Monmouth
1979	8th - 188	Skornicka	Lawrence
1980	7th - 146	Kruidenier	Chicago
1981	8th - 183	Kruidenier	Beloit
1982	7th - 166	Kruidenier	Carleton
1983	6th - 147	Kruidenier	Coe
1984	8th - 174	Kruidenier	Lawrence
1985	5th - 132	Kruidenier	Cornell
1986	5th - 135	Kruidenier	Chicago
1987	6th - 157	Kruidenier	Grinnell
1988	5th - 125	Pio	Beloit
1989	6th - 132	Pio	Coe
1990	2nd - 52	Pio	Ripon
1991	2nd - 42	Pio	Monmouth
1992	2nd - 95	Pio	St. Norbert
1993	3rd - 97	Pio	Illinois College
1994	2nd - 82	Pio	Lawrence
1995	2nd - 49	Pio	Cornell
1996	<b>1st - 19</b>	Pio	Carroll
1997	3rd - 81	Pio	Grinnell
1998	7th - 160	Pio	Beloit
1999	5 <sup>th</sup> - 127	Schisler	Monmouth
2000	6 <sup>th</sup> - 121	Haynes	Ripon
2001	2 <sup>nd</sup> - 90	Haynes	Grinnell
2002	2 <sup>nd</sup> - 84	Haynes	St. Norbert
2003	8 <sup>th</sup> - 182	Haynes	Lake Forest
2004	2 <sup>nd</sup> - 59	Haynes	Lawrence
2005	2 <sup>nd</sup> - 51	Haynes	Grinnell
2006	<b>T1st - 36</b>	Haynes	Carroll
2007	3 <sup>rd</sup> - 73	Haynes	Illinois College
2008	3 <sup>rd</sup> - 87	Haynes	Knox

## MIDWEST CONFERENCE CROSS COUNTRY TEAM CHAMPIONS

<b>YEAR</b>	<b>CHAMPION</b>		
1929	Cornell	1973	St. Olaf
1930	<b>MONMOUTH</b>	1974	Carleton
1931	<b>MONMOUTH</b>	1975	Carleton
1932	Carleton	1976	Carleton
1933	Cornell	1977	Carleton
1934	Cornell	1978	Carleton
1935	Carleton	1979	Carleton
1936	Carleton, Lawrence	1980	Carleton
1937	Cornell	1981	Carleton
1938	Cornell	1982	Carleton
1939	Beloit	1983	Lawrence
1940	Coe	1984	Lawrence
1946	Cornell	1985	Lawrence
1947	Cornell	1986	Grinnell
1948	Cornell	1987	Grinnell
1949	Lawrence	1988	Grinnell
1950	Lawrence	1989	Grinnell
1951	Lawrence	1990	Grinnell
1952	Carleton	1991	Grinnell
1953	Carleton	1992	Grinnell
1954	Carleton	1993	Grinnell
1955	Grinnell	1994	Grinnell
1956	Carleton	1995	Grinnell
1957	Lawrence	1996	<b>MONMOUTH</b>
1958	Grinnell	1997	Grinnell
1959	St. Olaf	1998	Grinnell
1960	Grinnell	1999	Grinnell
1961	Cornell	2000	Grinnell
1962	Carleton	2001	Grinnell
1963	Carleton	2002	Grinnell
1964	Carleton	2003	Grinnell
1965	Carleton	2004	Grinnell
1966	Carleton	2005	Grinnell
1967	Carleton	2006	<b>MONMOUTH*/Grinnell</b> (*Monmouth wins on 6 <sup>th</sup> man tie-breaker)
1968	St. Olaf		
1969	Carleton	2007	Grinnell
1970	St. Olaf	2008	Grinnell
1971	St. Olaf		
1972	St. Olaf		

## TEAM RECORDS - MAJOR CHAMPIONSHIP MEETS

### NCAA Midwest Regional Meet

Highest Place Finish	<b>8th place</b> (1991 at UW-Oshkosh)
Lowest Point Total	<b>193 points</b> (1991 at UW-Oshkosh)

### Midwest Conference Championship Meet

Highest Place Finish	<b>1st place</b> (1996 at Carroll; 2006 at Carroll)
Lowest Point Total	<b>19 points</b> (1996 at Carroll, 1-2-3-4-9)
Most All-Conference Runners	<b>7</b> (2006 at Carroll)
	5 (2005 at Grinnell; 1996 at Carroll; 1991 at Monmouth)

### Division III Illinois State Meet

Highest Place Finish	<b>1st place</b> (1996, 1991, 1990)
Lowest Point Total	<b>38 points</b> (1991, 1-2-8-12-15)
Most All-State Medalists	<b>7</b> (1996, 1991)

## TEAM RECORDS - PACK SPLIT TIME

*Pack split time records are established by the time difference between position finishers. Split times are listed for common race distances with the invitational race and year. Times are from 1987 season to the present.*

#### 5000 meters

#1-2	#1-3	#1-4	#1-5	#1-6	#1-7
0:04	0:13	0:15	0:25	0:27	0:34
Elmhurst Invit. 1996	WIU Open 1995	WIU Open 1995	WIU Open 1995	Elmhurst Invit. 1996	Elmhurst Invit. 1996

#### 4 miles

0:01	0:30	0:40	0:46	0:50	1:31
Augustana 1995	Cornell Invit. 1995	Cornell Invit. 1995	Cornell Invit. 1995	Cornell Invit. 1989	Cornell Invit. 2003

#### 5 miles/

#### 8000 meters

0:01	0:05	0:14	0:37	0:47	0:56
MWC Champs 1990	MWC Champs 2005	Augustana Invit 1997	MWC Champs 1996	NCAA Regional 1994	Div 3 State Meet 1996
Les Duke Invit. 2003					

## TEAM RECORDS - TOTAL TIME

*Total time records are established by adding the cumulative race times of the runners. Time records are listed with the invitational race, year and course location.*

	<b>5000 meters</b>	<b>4 miles</b>	<b>5 miles</b>	<b>8000 meters</b>
<b>TOP 5 RUNNERS</b>	84:58 Ill. Wes. Invit. (2008) Maxwell Park	107:28 Kewanee Hogs Days (2004) Road Course	133:57 Div 3 State Meet (1991) Monmouth Park	129:39 NCAA Regional (2004) Credit Island Park
<b>TOP 7 RUNNERS</b>	119:50 Elmhurst Invit (1996) Eldridge Park	153:13 Kewanee Hogs Days (2004) Road Course	188:56 Div 3 State Meet (1991) Monmouth Park	183:45 NCAA Regional (2004) Credit Island Park
<b>TOP 10 RUNNERS</b>	171:53 Elmhurst Invit (1996) Eldridge Park	224:05 Kewanee Hogs Days (2004) Road Course	273:11 Div 3 State Meet (1996) Monmouth Park	268:36 Augustana Invit (1990) Credit Island Park

## INDIVIDUAL RECORDS - ALL COURSES

### Men's Cross Country Records, All Courses

<b>5000 meters</b>	16:28.28	Clay Staley (2008, Illinois Wesleyan Invitational)
<b>4 miles</b>	20:03	Ken Kite (1968, Monmouth Invitational)
<b>8000 meters</b>	24:28.8	Zach Barr (2004, NCAA Regional – Credit Island)
<b>5 miles</b>	25:38	Dan Schisler (1991, Coe Invitational)

### Men's Cross Country Records, Home Course [Monmouth City Park, 1991-1998] - 5 Miles

<b>Overall</b>	26:02	Dan Schisler, Monmouth (1991)
<b>Monmouth</b>	26:02	Dan Schisler (1991)

## INDIVIDUAL RECORDS - CLASS & DISTANCE

*All-time records are listed for each class (freshman through senior) for a number of common race distances. Times are listed with the year and race. The all-course record for each distance is denoted by an asterisk [\*].*

	<b>4 miles</b>	<b>5 miles</b>	<b>8000 meters</b>
<b>SENIOR</b>	20:08 Ken Kite, 1968 (MCAC - Chicago)	25:52 Ken Kite, 1968 (Wheaton)	25:37 Dan Schisler, 1993 (Bradley)

<b>JUNIOR</b>	20:06 * Ed Ryan, 1969 (MCAC - Chicago)	25:52 Chris Pio, 1982 (MCAC - Carleton)	24:28.8 Zach Barr, 2004 (NCAA Regional)
<b>SOPH.</b>	20:18 Ed Ryan, 1968 (MCAC - Chicago)	25:38 * Dan Schisler, 1991 (Coe)	25:01 Clay Staley, 2007 (NCAA Regional)
<b>FRESH.</b>	21:33 John Clingan, 1985 (Monmouth)	26:33 Dan Schisler, 1990 (Lincoln Land)	25:06 Dan Schisler, 1990 (NCAA Regional)

## INDIVIDUAL RECORDS - MIDWEST CONFERENCE CHAMPIONSHIPS

### ALL-CONFERENCE RUNNERS (Top 15 Finishers, MWC Championships – NOTE – Beginning 2004 Top 20 Finishers)

1930 (1)	<b>Earl King (1<sup>st</sup>)</b>
1963 (1)	Doug Carlson (9th)
1964 (1)	Doug Carlson (3rd)
1965 (1)	Doug Carlson (3rd)
1966 (2)	Ken Kite (3rd), Al Fierce (12th)
1967 (1)	Ken Kite (2nd)
1968 (2)	Ken Kite (2nd), Ed Ryan (3rd)
1969 (1)	Ed Ryan (2nd)
1970 (2)	Ed Ryan (4th), Tom Colclasure (13th)
1975 (2)	Joseph Welty (9th), Bob Luedke (13th)
1976 (1)	Bob Luedke (12th)
1977 (2)	Tim McCabe (11th), Bob Luedke (14th)
1980 (1)	Chris Pio (14th)
1982 (1)	Chris Pio (9th)
1983 (2)	Chris Pio (2nd), Mike Carnahan (14th)
1985 (1)	John Clingan (3rd)
1986 (1)	John Clingan (6th)
1989 (1)	Steve Hartman (6th)
1990 (4)	Dan Schisler (5th), Mark Luttrell (6th), Steve Hartman (11th), Brian King (14th)
1991 (5)	Dan Schisler (2nd), Steve Hartman (7th), Brian King (8th), Mark Luttrell (11th), Roy Scherler (14th)
1992 (4)	<b>Dan Schisler (1st)</b> , David Pehlman (11th), Paul Knott (14th), Mark Luttrell (15th)
1993 (2)	Dan Schisler (2nd), Mark Luttrell (8th)
1994 (2)	Aaron Venters (4th), Matt Jenkins (13th)
1995 (4)	Frank Schweda (2nd), Matt Jenkins (4th), Bob Strabley (10th), Michael Golub (13th)
1996 (5)	<b>Jamie Verstraete (1st)</b> , Frank Schweda (2nd), Matt Jenkins (3rd), Joel Eckberg (4th), Jamie Nelson (9th)
1997 (2)	Jamie Nelson (6th), Frank Schweda (9th)

1999 (1) Tony Miles (12th)  
 2000 (1) Charlie Sunderlage (8th)  
 2001 (3) Charlie Sunderlage (11<sup>th</sup>), Matt Hargleroad (12<sup>th</sup>), Cory Shook (14<sup>th</sup>)  
 2002 (2) Zach Barr (5<sup>th</sup>), Bryan Bittner (11<sup>th</sup>)  
 2003 (1) Zach Barr (2<sup>nd</sup>)  
 2004 (4) **Zach Barr (1<sup>st</sup>)**, Anthony Welty (8<sup>th</sup>), Kel Bond (11<sup>th</sup>), Scot Heiar (16<sup>th</sup>)  
 2005 (5) Anthony Welty (5<sup>th</sup>), Scott Heiar (6<sup>th</sup>), Kel Bond (7<sup>th</sup>), Aaron Etienne (16<sup>th</sup>), Darren VanNattan (17<sup>th</sup>)  
 2006 (7) Clay Staley (4<sup>th</sup>), Kel Bond (5<sup>th</sup>), Zach Barr (8<sup>th</sup>), Scott Heiar (9<sup>th</sup>), Aaron Etienne (10<sup>th</sup>), Darrin VanNattan (13<sup>th</sup>), Brad Begyn (19<sup>th</sup>)  
 2007 (4) Clay Staley (2<sup>nd</sup>), Adam Rodriguez (13<sup>th</sup>), Brad Begyn (17<sup>th</sup>), Damon Bautista (18<sup>th</sup>)  
 2008 (2) Clay Staley (11<sup>th</sup>), Scott Sheller (13<sup>th</sup>)

**MOST INDIVIDUAL ALL-CONFERENCE MEDALS:**

**4 - Dan Schisler (1990-93), Mark Luttrell (1990-93), Zach Barr (2002-06)**

3 – Clay Staley (2000-08), Kel Bond (2004-06), Scott Heiar (2004-06), Frank Schweda (1995-97), Matt Jenkins (1994-96), Steve Hartman (1989-91), Chris Pio (1980,1982-83), Ed Ryan (1968-70), Ken Kite (1966-68), Doug Carlson (1963-65)

**HIGHEST INDIVIDUAL CONFERENCE MEET PLACE:**

**1st place – Zach Barr (2004 – Lawrence), Jamie Verstraete (1996 - Carroll), Dan Schisler (1992 - St. Norbert), Earl King (1930)**

2nd place – Clay Staley (2007 – Illinois College), Frank Schweda (1996 - Carroll, 1995 - Cornell), Dan Schisler (1993 - Illinois, 1991 -Monmouth), Chris Pio (1983 - Coe), Ed Ryan (1969 - Chicago), Ken Kite (1967, 1968 - Chicago)

**BEST INDIVIDUAL PERFORMANCES - CLASS PLACE AND TIME**

**Freshman Place** 3rd, John Clingan (1985)

**Freshman Time** 26:31.1, Clay Staley (2006)

**Sophomore Place** 2nd, Clay Staley (2007), Zach Barr (2003), Frank Schweda (1995), Dan Schisler (1991)

**Sophomore Time** 25:30, Zach Barr (2003)

**Junior Place** 1st, Zach Barr (2004), Jamie Verstraete (1996), Dan Schisler (1992)

**Junior Time** 25:52, Chris Pio (1982)

**Senior Place** 2nd, Dan Schisler (1993), Chris Pio (1983), Ken Kite (1968)

**Senior Time** 26:16, Dan Schisler (1993)

**INDIVIDUAL RECORDS - NCAA REGIONALS**

**ALL-REGIONAL PERFORMANCES**

<b>YEAR</b>	<b>NAME</b>	<b>REGIONAL PLACE/TIME</b>	<b>SITE</b>
1990	Dan Schisler (Fr.)	11th, 25:06	Augustana (Credit Island)

1991	Dan Schisler (So.)	13th, 25:45	UW-Oshkosh (Oshkosh CC)
1992	Dan Schisler (Jr.)	7th, 24:55	Augustana (Credit Island)
2003	Zach Barr (So.)	25 <sup>th</sup> , 25:33	UW-Eau Claire (Whitetail GC)
2004	Zach Barr (Jr.)	3 <sup>rd</sup> , 24:28.8	Augustana (Credit Island)
2007	Clay Staley (So.)	24 <sup>th</sup> , 25:01	UW-Oshkosh (Lake Breeze GC)

### Highest NCAA Regional Meet Finish

- 3<sup>rd</sup> – Zach Barr, 2004 (Augustana)
- 7<sup>th</sup> - Dan Schisler, 1992 (Augustana)
- 11<sup>th</sup> – Dan Schisler, 1990 (Augustana)
- 13<sup>th</sup> – Dan Schisler, 1991 (UW-Oshkosh)
- 24<sup>th</sup> – Clay Staley, 2007 (UW-Oshkosh)
- 25<sup>th</sup> – Zach Barr, 2003 (UW-Eau Claire)

### Fastest NCAA Regional Meet Time

- 24:28.8 – Zach Barr, 2004 (Credit Island)
- 24:55 – Dan Schisler, 1992 (Augustana)
- 25:01 – Clay Staley, 2007 (UW-Oshkosh)
- 25:06 – Dan Schisler, 1990 (Augustana)
- 25:33 – Zach Barr, 2003 (UW-Eau Claire)

## BEST INDIVIDUAL PERFORMANCES - CLASS PLACE AND TIME

<b>Freshman Place</b>	11th, Dan Schisler (Augustana, 1990)
<b>Freshman Time</b>	25:06, Dan Schisler (Augustana, 1990)
<b>Sophomore Place</b>	13th, Dan Schisler (UW-Oshkosh, 1991)
<b>Sophomore Time</b>	25:01, Clay Staley (UW-Oshkosh, 2007)
<b>Junior Place</b>	3 <sup>rd</sup> , Zach Barr (Augustana, 2004)
<b>Junior Time</b>	24:28.8, Zach Barr (Augustana, 2004)
<b>Senior Place</b>	28th, Steve Hartman (UW-Oshkosh, 1991)
<b>Senior Time</b>	25:53.2, Kel Bond (Augustana at Credit Island, 2006)

## INDIVIDUAL RECORDS - NCAA NATIONALS

### NCAA NATIONAL MEET INDIVIDUAL QUALIFIERS

YEAR	NAME	REGL PLACE	NCAA PLACE	NATIONAL HOST/SITE
1990	Dan Schisler (Fr.)	11th, 25:06	65th, 26:08	Grinnell College/Grinnell, IA
1991	Dan Schisler (So.)	13th, 25:45	42nd, 25:25	Chris. Newport/Newport News, VA
1992	Dan Schisler (Jr.)	7th, 24:55	26th, 25:32	Union College/Saratoga Springs, NY

2003	Zach Barr (So.)	25 <sup>th</sup> , 25:33	68 <sup>th</sup> , 26:22.1	Hanover College/Hanover, IN
2004	Zach Barr (Jr.)	3 <sup>rd</sup> , 24:28.8	26 <sup>th</sup> , 25:13.5	UW-Eau Claire, Colfax, WI

**Highest NCAA National Meet Finish**

26th place – Zach Barr, 2004 (at UW-Eau Claire), Dan Schisler, 1992 (at Union)

**Fastest NCAA National Meet Time**

25:13.5 – Zach Barr, 2004 (at UW-Eau Claire)  
 25:25 - Dan Schisler, 1991 (at Christopher Newport)

**Most NCAA National Meet Qualifications**

3 - Dan Schisler (1990-91-92)

**ALL-AMERICANS (field expanded to top 30 for All-Americans after 1992)**

2004 – Zach Barr (Jr.), 26<sup>th</sup>, 25:13.5 (UW-Eau Claire)

**INDIVIDUAL RECORDS - DIVISION III ILLINOIS STATE MEET (1981-98)**

**ALL-STATE MEDALISTS (Top 20 Finishers, Division III Illinois State Meet)**

Chris Pio	1981-1982-1983	Dave Pehlman	1991-1992
Mike Carnahan	1981-1982	Andy Young	1991
Mike Stokes	1983	Paul Knott	1992
Aaron Lawson	1984	Aaron Venters	1993-1994-1995-1996
John Clingan	1985-1986-1988	Bob Strabley	1993-1994-1995-1996
Keith Hollendonner	1988-1989	Matt Jenkins	1994-1996
Steve Hartman	1988-1989-1990-1991	Matt Clemen	1994-1996
Dan Schisler	1990-1991-1992-1993	Frank Schweda	1995-1996-97
Mark Luttrell	1990-1991-1992-1993	Jamie Verstraete	1996
Brian King	1990-1991	Joel Eckberg	1996
Ted McEldowney	1990	Jamie Nelson	1997
Roy Scherler	1991	Tony Miles	1997-98

**ALL-STATE MEDALISTS (By Year)**

- 1981 (2) Mike Carnahan (5th), Chris Pio (14th)
- 1982 (2) Chris Pio (10th), Mike Carnahan (15th)
- 1983 (2) Chris Pio (16th), Mike Stokes (17th)
- 1984 (1) Aaron Lawson (17th)
- 1985 (1) John Clingan (6th)
- 1986 (1) John Clingan (3rd)
- 1988 (3) John Clingan (7th), Keith Hollendonner (10th), Steve Hartman (18th)
- 1989 (2) Steve Hartman (4th), Keith Hollendonner (20th)
- 1990 (5) Dan Schisler (4th), Mark Luttrell (9th), Steve Hartman (11th), Brian King (14th), Ted McEldowney (15th)

- 1991 (7) Dan Schisler (1st), Steve Hartman (2nd), Roy Scherler (8th), Brian King (12th), David Pehlman (15th), Andy Young (16th), Mark Luttrell (17th)
- 1992 (4) Dan Schisler (1st), Paul Knott (3rd), David Pehlman (8th), Mark Luttrell (12th)
- 1993 (4) Dan Schisler (2nd), Mark Luttrell (10th), Aaron Venters (16th), Bob Strabley (18th)
- 1994 (4) Matt Jenkins (3rd), Aaron Venters (7th), Bob Strabley (14th), Matt Clemen (19th)
- 1995 (3) Bob Strabley (11th), Aaron Venters (12th), Frank Schweda (14th)
- 1996 (7) Frank Schweda (2nd), Joel Eckberg (5th), Jamie Verstraete (7th), Bob Strabley (13th), Matt Clemen (15th), Aaron Venters (17th), Matt Jenkins (20th)
- 1997 (3) Frank Schweda (3rd), Jamie Nelson (7th), Tony Miles (15th)
- 1998 (1) Tony Miles (12th)

#### **MOST INDIVIDUAL ALL-STATE MEDALS:**

- 4 - Bob Strabley (1993-96), Aaron Venters (1993-96), Dan Schisler (1990-93), Mark Luttrell (1990-93), Steve Hartman (1988-91)**
- 3 - Frank Schweda (1995-97), John Clingan (1985-86, 1988), Chris Pio (1981-83)**

#### **HIGHEST INDIVIDUAL STATE MEET PLACE:**

##### **1st place - Dan Schisler (1991, 1992)**

2nd place - Frank Schweda (1996), Dan Schisler (1993), Steve Hartman (1991)

3rd place - Frank Schweda (1997), Matt Jenkins (1994), Paul Knott (1992), John Clingan (1986)

#### **BEST INDIVIDUAL PERFORMANCES - CLASS PLACE AND TIME**

**Freshman Place** 3rd, Paul Knott (1992)  
**Freshman Time** 26:50, John Clingan (1985)

**Sophomore Place** 1st, Dan Schisler (1991)  
**Sophomore Time** 26:02, Dan Schisler (1991)

**Junior Place** 1st, Dan Schisler (1992)  
**Junior Time** 26:16, Dan Schisler (1992)

**Senior Place** 2nd, Dan Schisler (1993), Steve Hartman (1991)  
**Senior Time** 26:30, Steve Hartman (1991)

## MONMOUTH COLLEGE MEN'S CROSS COUNTRY TOP 10 PERFORMANCES (By Distance)

### 8000 METERS

1.	24:28.8	Zach Barr	2004	(NCAA Regional – Augustana)
2.	24:55	Dan Schisler	1992	(NCAA Regional - Augustana)
3.	25:01	Clay Staley	2007	(NCAA Regional – UW-Oshkosh)
4.	25:01.67	Zach Barr	2004	(Millikin)
5.	25:13.5	Zach Barr	2004	(NCAA Nationals – UW-Eau Claire)
6.	25:23	Kel Bond	2005	(Brissman-Lundeen – Augustana)
7.	25:27	Clay Staley	2007	Brissman-Lundeen – Augustana)
8.	25:30	Zach Barr	2003	(MWC – Lake Forest)
9.	25:32	Zach Barr	2004	(Augustana – Brissman-Lundeen)
10.	25:33	Zach Barr	2003	(NCAA Regional – UW-Eau Claire)

### 5 MILES

1.	25:35.11	Zach Barr	2003	(Millikin)
2.	25:38	Dan Schisler	1991	(Coe)
3.	25:52	Chris Pio	1982	(MCAC - Carleton)
	25:52	Ken Kite	1968	(NCAA Regional - Wheaton)
4.	26:15	John Clingan	1988	(Chicago)
	26:15	Tim McCabe	1978	(Beloit)
	26:15	Ed Ryan	1968	(NCAA Regional - Wheaton)
5.	26:29	Frank Schweda	1996	(Div III State Meet - Monmouth)
6.	26:30	Steve Hartman	1991	(Div III State Meet - Monmouth)
	26:30	Tim McCabe	1977	(Monmouth Triangular)
7.	26:32	Jim Schiro	1978	(Coe)
8.	26:39	Joseph Welty	1975	(Monmouth)
9.	26:43	Tim McCabe	1977	(Conference – 1977)
10.	26:50	Joel Eckberg	1996	(Div III State Meet - Monmouth)

### 5 MILES (Home Course - since 1991)

1.	26:02	Dan Schisler	1991
2.	26:29	Frank Schweda	1996
3.	26:30	Steve Hartman	1991
4.	26:50	Joel Eckberg	1996
5.	26:59	Jamie Nelson	1997
6.	27:00	Jamie Verstraete	1996
	27:00	Roy Scherler	1991
7.	27:05	Brian King	1991
8.	27:12	Tony Miles	1997
9.	27:15	Bob Strabley	1996
10.	27:20	Dave Pehlman	1991

### 4 MILES

1.	20:06	Ed Ryan	1969	(MCAC - Chicago)
2.	20:08	Ken Kite	1968	(MCAC -Chicago)
3.	20:12	Chris Pio	1983	(Monmouth)
4.	20:41	Zach Barr	2004	(Kewanee)

5.	20:58	Joseph Welty	1976	(Monmouth)
6.	21:00	Mike Stokes	1983	(Monmouth)
7.	21:01	Darren VanNattan	2004	(Kewanee)
	21:01	Kel Bond	2004	(Kewanee)
8.	21:03	Tim McCabe	1979	(Aurora)
9.	21:05	Dan Schisler	1993	(Augustana)
10.	21:06	Doug Carlson	1965	(MCAC - Chicago)

## MONMOUTH COLLEGE MEN'S CROSS COUNTRY TOP 10 PERFORMANCES (By Meet)

*\* indicates race times converted from miles*

### NCAA National Championship Meet (8000m)

1.	25:13.5	Zach Barr	2004	(Colfax, WI)
2.	25:25	Dan Schisler	1991	(Newport, VA)
3.	25:32	Dan Schisler	1992	(Union, NY)
4.	26:08	Dan Schisler	1990	(Grinnell, IA)
5.	26:22.1	Zach Barr	2003	(Hanover, IN)

### NCAA Midwest Regional Meet (8000m)

1.	24:28.8	Zach Barr	2004	(Augustana)
2.	24:55	Dan Schisler	1992	(Augustana)
3.	25:01	Clay Staley	2007	(UW-Oshkosh)
4.	25:06	Dan Schisler	1990	(Augustana)
5.	25:33	Zach Barr	2003	(UW-Eau Claire)
6.	25:44.7	Anthony Welty	2004	(Augustana)
7.	25:45	Dan Schisler	1991	(UW-Oshkosh)
8.	25:43.2	Kel Bond	2006	(Augustana at Credit Island)
9.	25:57.1	Clay Staley	2008	(Augustana at Saukie Golf Course)
10.	25:59	Jamie Verstraete	1996	(Augustana)

### Midwest Conference Championship Meet (8000m)

1.	25:30	Zach Barr	2003	(Lake Forest)
2.	25:43.43	Clay Staley	2007	(Illinois College)
3.	25:52	Chris Pio	1982	(Carleton)
4.	25:58.14	Zach Barr	2004	(Lawrence)
5.	26:16	Dan Schisler	1993	(Illinois College)
6.	26:18	Chris Pio	1983	(Coe)
7.	26:29	Anthony Welty	2005	(Grinnell)
8.	26:30*	Tim McCabe	1977	(Monmouth)
9.	26:31.1	Clay Staley	2006	(Carroll)
10.	26:33	Scott Heiar	2005	(Grinnell)

**Division III Illinois State Meet (5 miles)**

**Monmouth City Park, Monmouth IL (1991-98)**

1.	26:02	Dan Schisler	1991
2.	26:16	Dan Schisler	1992
3.	26:29	Frank Schweda	1996
4.	26:30	Steve Hartman	1991
5.	26:43	Frank Schweda	1997
6.	26:50	Joel Eckberg	1996
7.	26:59	Jamie Nelson	1997
8.	27:00	Jamie Verstraete	1996
	27:00	Roy Scherler	1991
9.	27:04	Dan Schisler	1993
10.	27:05	Brian King	1991

**Division III Illinois State Meet (5 miles)**

**All Courses (1981-98)**

1.	26:02	Dan Schisler	1991
2.	26:16	Dan Schisler	1992
3.	26:29	Frank Schweda	1996
4.	26:30	Steve Hartman	1991
5.	26:38	Chris Pio	1982
6.	26:43	Frank Schweda	1997
7.	26:50	Joel Eckberg	1996
	26:50	John Clingan	1985
8.	26:59	Jamie Nelson	1997
9.	27:00	Jamie Verstraete	1996
	27:00	Roy Scherler	1991
10.	27:04	Dan Schisler	1993

**Bradley University Open (8000m)**

**Detweiler Park, Peoria IL**

1.	25:37	Dan Schisler	1993
2.	26:03	Clay Staley	2007
3.	26:31	Brad Begyn	2008
4.	26:33	Brad Begyn	2007
5.	26:46	Jamie Nelson	1997
6.	26:47.83	Anthony Welty	2005
7.	26:58	Tony Miles	2000
8.	27:02	Matt Jenkins	1994
9.	27:03	Frank Schweda	1997
10.	27:07	Joel Eckberg	1997

**UW-Parkside Invitational/Midwest Open  
(8000m), National CC Course, Kenosha WI**

1.	25:53	Dan Schisler	1993
2.	25:59	Dan Schisler	1992
3.	26:26	Dan Schisler	1990
4.	27:03	Frank Schweda	1996
5.	27:14	Matt Jenkins	1994
6.	27:16	Paul Knott	1992
7.	27:17	Mark Luttrell	1990
8.	27:18	Jamie Verstraete	1996
9.	27:33	Mark Luttrell	1993
10.	27:36	Aaron Venters	1996

**Grinnell-Les Duke Invitational (8000m)  
Oakland Acres, Grinnell IA**

1.	25:52	Dan Schisler	1993
2.	26:07	Dan Schisler	1992
	26:07	Dan Schisler	1991
3.	26:15	Dan Schisler	1990
4.	26:28	Anthony Welty	2005
5.	26:53	Bryan Bittner	2002
6.	26:54	Zach Barr	2003
7.	26:55	Anthony Welty	2003
8.	26:56	Tony Miles	2000
9.	26:59	Frank Schweda	1995
10.	27:02	Aaron Venters	1995

**Augustana Invitational (8000m)  
Credit Island, Davenport IA**

1.	25:23	Kel Bond	2005
2.	25:27	Clay Staley	2007
3.	25:32	Zach Barr	2004
4.	25:37	Dan Schisler	1990
5.	25:50	Mark Luttrell	1990
6.	25:53	Clay Staley	2006
7.	26:07	Kel Bond	2006
8.	26:24	Steve Hartman	1990
	26:24	Ted McEldowney	1990
9.	26:30	Bryan Bittner	2002
10.	26:35	Kel Bond	2004

**Credit Island, Davenport IA - All Races**

1.	24:28.8	Zach Barr	2004	(NCAA Regional)
2.	24:55	Dan Schisler	1992	(NCAA Regional)
3.	25:06	Dan Schisler	1990	(NCAA Regional)

4.	24:32	Zach Barr	2004	(Augustana – Brissman-Lundeen)
5.	25:37	Dan Schisler	1990	(Augustana Inv)
	25:37	Zach Barr	2003	(Brissman-Lundeen)
6.	25:44.7	Anthony Welty	2004	(NCAA Regional)
7.	25:50	Mark Luttrell	1990	(Augustana Inv)
	25:50	Anthony Welty	2003	(Brissman-Lundeen)
8.	25:53.2	Kel Bond	2006	(NCAA Regional)
8.	26:03*	Tim McCabe	1980	(NCAA Regional)
9.	26:04*	Chris Pio	1980	(NCAA Regional)
10.	26:13	Mark Luttrell	1990	(NCAA Regional)
	26:13	Chris Pio	1982	(NCAA Regional)

### **Augustana Invitational (8000m)**

#### **Highland Springs, Rock Island IL**

1.	26:08	Frank Schweda	1996
2.	26:26	Aaron Venters	1996
3.	26:33	Jamie Nelson	1996
4.	26:37	Charlie Sunderlage	2001
5.	26:47	Joel Eckberg	1997
6.	26:48	Charlie Sunderlage	2000
7.	26:53	Jamie Nelson	1997
	26:53	Tony Miles	2000
8.	26:56	Tony Miles	1997
9.	27:01	Frank Schweda	1997
	27:01	Jamie Verstraete	1996
10.	27:03	Cory Shook	2000

#### **Highland Springs, Rock Island IL - All Races**

1	25:59	Jamie Verstraete	1996	(NCAA Regl)
2.	26:08	Frank Schweda	1996	(Augustana Inv)
3	26:12	Frank Schweda	1996	(NCAA Regional)
4	26:26	Aaron Venters	1996	(Augustana Inv)
5	26:33	Jamie Nelson	1996	(Augustana Inv)
6	26:37	Joel Eckberg	1996	(NCAA Regl)
	26:37	Charlie Sunderlage	2001	(Augustana Inv.)
7.	26:47	Joel Eckberg	1997	(Augustana Inv)
8.	26:48	Charlie Sunderlage	2000	(Augustana Inv)
9.	26:53	Jamie Nelson	1997	(Augustana Inv)
	26:53	Tony Miles	2000	(Augustana Inv)
10.	26:54	Jamie Nelson	1996	(NCAA Regional)

### **Loyola Lakefront Invitational (8000m)**

#### **Montrose Harbor, Chicago IL**

1.	25:39	Zach Barr	2004
2.	26:30	Dan Schisler	1991

3.	26:43	Kel Bond	2004
4.	26:51	Steve Hartman	1991
5.	27:02	Frank Schweda	1996
6.	27:10	Matt Jenkins	1994
7.	27:15	Anthony Welty	2004
8.	27:17	Matt Jenkins	1996
9.	27:20	Aaron Venters	1994
10.	27:23	Aaron Etienne	2005

**Illinois College Invitational (8000m)**

**Nichols Park, Jacksonville IL**

1.	27:00	Aaron Venters	1994
2.	27:04	Bob Strabley	1994
3.	27:08	Bob Strabley	1995
4.	27:20	Frank Schweda	1995
5.	27:31	Matt Jenkins	1994
6.	27:47	Aaron Venters	1995
7.	27:53	Michael Golub	1995
8.	28:02	Matt Clemen	1994
9.	28:16	David Kimber	1994
10.	28:41	Pat Lewis	1994

**Nichols Park, Jacksonville IL - All Races**

1.	26:16	Dan Schisler	1993	(MWC)
2.	26:47	Mark Luttrell	1993	(MWC)
3.	27:00	Aaron Venters	1994	(IC Invit)
4.	27:04	Bob Strabley	1994	(IC Invit)
5.	27:08	Bob Strabley	1995	(IC Invit)
6.	27:20	Frank Schweda	1995	(IC Invit)
7.	27:31	Matt Jenkins	1994	(IC Invit)
8.	27:47	Aaron Venters	1995	(IC Invit)
9.	27:52	Aaron Venters	1993	(MWC)
10.	27:53	Michael Golub	1995	(IC Invit)

**Beloit Invitational (5 miles)**

**Leeson Park, Beloit WI**

1.	26:07	Dan Schisler	1991
2.	26:58	Steve Hartman	1991
3.	27:13	John Clingan	1988
4.	27:15	Chris Pio	1983
5.	27:19	Chris Pio	1981
6.	27:23	Frank Schweda	1997
7.	27:24	Brian King	1991
8.	27:31	Mike Stokes	1983
9.	27:34	Steve Hartman	1989

10. 27:37 Andy Young 1991

**Carroll-Juedes Invitational (8000m)**

**Minooka Park, Waukesha WI**

1.	26:45	Danny Schisler	1990
2.	27:20	Mark Luttrell	1990
3.	27:26	Brian King	1990
4.	27:55	Steve Hartman	1990
5.	28:02	Ted McEldowney	1990
6.	28:32	Keith Hollendonner	1990
7.	28:44	Dave Pehlman	1990
8.	29:22	John Stark	1990
9.	29:52	Ricky Croy	1990
10.	30:04	Mark Bradley	1990

**Minooka Park, Waukesha WI - All Races**

1.	26:31.1	Clay Staley	2006	(MWC)
2.	26:44.0	Kel Bond	2006	(MWC)
3.	26:45	Danny Schisler	1990	(Juedes)
4.	27:03	Jamie Verstraete	1996	(MWC)
5.	27:07	Frank Schweda	1996	(MWC)
6.	27:13.7	Scott Heiar	2006	(MWC)
7.	27:13.8	aaron Etienne	2006	(MWC)
8.	27:08.7	Zach Barr	2006	(MWC)
9.	27:09	Matt Jenkins	1996	(MWC)
10.	27:18	Joel Eckberg	1996	(MWC)

**University of Notre Dame Invitational (8000m)**

**Burke Golf Course, South Bend IN**

1.	25:57	Dan Schisler	1992
2.	27:11	Dan Schisler	1993
3.	27:47	Bob Strabley	1993
4.	27:59	Paul Knott	1992
5.	28:18	Aaron Venters	1993
6.	28:29	Mark Luttrell	1993
7.	28:47	Curtis Vice	1993
8.	28:59	Matt Jenkins	1993
9.	29:21	Mark Luttrell	1992
10.	33:09	Pat Lewis	1992

**Eastern Illinois Invitational (8000m)**

**EIU Campus, Charleston IL**

1.	26:53	Matt Jenkins	1994
2.	27:00	Aaron Venters	1994
3.	27:14	Bob Strabley	1994

4.	28:13	Matt Clemen	1994
5.	28:19	Clinton Tarpley	1994
6.	28:40	David Kimber	1994
7.	29:03	Mike Reed	1994
8.	29:09	Jason Johnson	1994
9.	29:17	Frank Schweda	1994
10.	30:16	Pat Lewis	1994

**Washington Univ Invitational (8000m)**

**Tower Grove Park, St. Louis MO**

1.	26:17	Jamie Verstraete	1996
2.	26:35	Frank Schweda	1996
3.	26:40	Matt Jenkins	1996
4.	26:55	Bob Strabley	1996
5.	27:06	Aaron Venters	1996
6.	27:20	Jamie Nelson	1996
7.	27:47	Joel Eckberg	1996
8.	28:08	Jason Dare	1996
9.	28:10	Matt Clemen	1996
10.	28:11	Alex Johnson	1996

**Forest Park, St. Louis MO - All Races**

1.	26:53	Tony Miles	1998	(Wash Univ. Inv)
2.	27:02	Tony Miles	1998	(NCAA Regional)
3.	28:57	Charlie Sunderlage	1998	(NCAA Regional)
4.	29:01	Charlie Sunderlage	1998	(Wash Univ. Inv)
5.	29:14	Ken Williams	1998	(Wash Univ. Inv)
6.	29:15	Derek Cisel	1998	(Wash Univ. Inv)
7.	29:22	Ken Williams	1998	(NCAA Regional)
8.	31:04	Sam Watkins	1998	(Wash Univ. Inv)

**UW-LaCrosse/Jim Drews Invitational (8000m)**

**Maple Grove Golf Course, LaCrosse WI**

1.	26:17	Frank Schweda	1996
2.	26:20	Jamie Verstraete	1996
3.	26:49	Matt Jenkins	1996
4.	27:14	Joel Eckberg	1996
5.	27:33	Matt Clemen	1996
6.	27:59	Chris Kozubowski	1996
7.	28:05	Alex Johnson	1996
8.	28:16	Mark Workman	1996
9.	28:18	Clinton Tarpley	1996
10.	28:27	Derek Cisel	1996

**Cornell Ram Run Invitational (4 miles)****Cornell College, Mt. Vernon IA**

1.	21:12	Dan Schisler	1992
2.	21:41	John Clingan	1985
3.	21:48	Bob Strabley	1995
4.	21:50	Matt Jenkins	1994
5.	22:15	Bob Strabley	1994
6.	22:17	Frank Schweda	1995
7.	22:18	Aaron Venters	1995
8.	22:28	Michael Golub	1995
9.	22:34	Matt Clemen	1995
	22:34	Dave Pehlman	1992
10.	22:38	Alex Johnson	1995

**Elmhurst Invitational (5000m)****Eldridge Park, Elmhurst IL**

1.	16:48	Jamie Verstraete	1996
2.	16:52	Frank Schweda	1996
	16:52	Bryan Bittner	2002
3.	16:55	Jamie Nelson	1997
4.	17:06	Bob Strabley	1996
5.	17:12	Frank Schweda	1997
6.	17:13	Joel Eckberg	1996
7.	17:14	Aaron Venters	1996
8.	17:15	Jamie Nelson	1996
9.	17:16	Joel Eckberg	1997
10.	17:19	Tony Miles	1998

**St. Ambrose Invitational (8000m)****Emeis Park, Davenport IA**

1.	27:07	Matt Jenkins	1994
2.	27:18	Aaron Venters	1994
3.	28:14	Bob Strabley	1994
4.	28:45	Matt Clemen	1994
5.	28:59	Clinton Tarpley	1994
6.	29:43	Frank Schweda	1994
7.	29:52	Pat Lewis	1994
8.	29:54	Mike Reed	1994
9.	30:01	David Kimber	1994
10.	30:11	Jason Johnson	1994

**Alma College Invitational (8000m)****Pine River Park, Alma MI**

1.	27:22	Aaron Venters	1995
2.	27:55	Bob Strabley	1995

3.	28:02	Michael Golub	1995
4.	28:16	Frank Schweda	1995
5.	29:15	Alex Johnson	1995
6.	29:58	Mark Mazur	1995
7.	30:00	William Jameson	1995
8.	30:07	Mike Reed	1995
9.	30:15	Byron Hendrix	1995
10.	30:24	Jason Johnson	1995

**Madison Tech Invitational (5 miles)**

**Madison WI**

1.	27:01	Tim McCabe	1979
2.	27:03	Dan Schisler	1990
3.	27:15	John Clingan	1988
4.	27:31	Chris Pio	1982
5.	27:37	Chris Pio	1983
6.	27:38	Dan Schisler	1991
7.	27:43	Mark Luttrell	1990
8.	27:46	John Clingan	1986
9.	27:51	Don Horneck	1979
10.	28:03	Chris Pio	1981

**UW-Whitewater Warhawk Invitational (8000m)**

**Whitewater Campus, Whitewater WI**

1.	26:09	Dan Schisler	1992
2.	27:52	Dave Pehlman	1992
3.	28:38	Paul Knott	1992
4.	28:42	Mark Luttrell	1992

**Spoon River Invitational (8000m)**

**SRC Campus, Canton IL**

1.	27:46	Chris Pio	1980
2.	28:02	Aaron Lawson	1984
3.	28:04	Keith Hollendonner	1987
4.	28:15	Paul Knott	1992
5.	28:22	John Clingan	1986
6.	28:25	Tim McCabe	1980
7.	28:55	Jim Schiro	1980
8.	29:04	Randy Wakeland	1987
9.	29:05	Mike Stokes	1984
10.	29:06	Dave Pehlman	1992

**Knox Invitational (5 miles)**

**Lake Storey Park, Galesburg IL**

1.	26:25*	Dan Schisler	1991
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2.	26:55	John Clingan	1985
3.	26:56	John Clingan	1988
4.	26:58	Steve Hartman	1989
5.	27:06*	Steve Hartman	1991
6.	27:12	John Clingan	1987
	27:12	Zach Barr	2002
7.	27:34	Charlie Sunderlage	2001
8.	27:36	Ricky Croy	1989
9.	27:40*	Roy Scherler	1991
	27:40*	Dave Pehlman	1991
	27:40	Keith Hollendonner	1988
10.	27:45	Danny Schisler	1990

**Lincoln Land Invitational (5 miles)  
Community College Campus, Springfield IL**

1.	26:33	Danny Schisler	1990
2.	26:58	Mark Luttrell	1990
3.	27:29	Steve Hartman	1990
4.	27:43	Brian King	1990
5.	27:53	Dave Pehlman	1990
6.	28:25	Jeff McCraven	1990
7.	28:49	Keith Hollendonner	1990
8.	29:27	John Stark	1990
9.	29:44	Ricky Croy	1990
10.	31:29	James Hernandez	1990

**Coe Lamb-Kohawk Invitational (5 miles)**

1.	25:38*	Dan Schisler	1991
2.	26:50*	Steve Hartman	1991
3.	26:58*	Brian King	1991
4.	27:13*	Roy Scherler	1991
5.	27:22*	Dave Pehlman	1991
6.	27:28*	Andy Young	1991
7.	27:30*	Mark Luttrell	1991
8.	27:45*	Steve Hartman	1989
9.	28:29*	Aaron Arne	1991
10.	28:50*	John Stark	1991