

# **MONMOUTH COLLEGE**

## **MEN'S INDOOR TRACK AND FIELD RECORD BOOK**

### **TEAM HISTORY**

Men's indoor track and field has existed as a sport since the early 1950s and Midwest Conference member schools participated in a series of "unofficial" conference championship meets through the 1970's. The first official recognized Midwest Collegiate Athletic Conference (MCAC) championship meet for men's indoor track and field was held in 1977. Track races were originally measured in imperial yard/mile distances but all race distances were converted to metric equivalents in the late 1980s. The conference championship schedule has changed many times since the inception of the sport; some events have been added to the schedule while others are no longer contested. Monmouth indoor track and field records begin with the 1960 season and some records reflect the original imperial distances. Monmouth won its first MCAC indoor track title in 1991 and repeated as team champions the next year. The team won a record four straight championships between 1995 and 1998. The MCAC (men) and MACW (women) conferences merged to form the current Midwest Athletic Conference (MWC) in 1994 and both conferences have held joint championship meets since 1983.

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[revised March 2009]

## TEAM INFORMATION

Years of Competition:	33 (1977-2009)		
Team Conference Championships:	16	NCAA National Qualifiers:	52
Individual Conference Titles:	174	NCAA All-Americans:	35
	<i>(relays count as 1 title)</i>		<i>(relays count as 4 individuals)</i>

## MIDWEST CONFERENCE CHAMPIONSHIPS - TEAM RESULTS

Year	Place	Points	Host	Coach
1977	7th	15	Grinnell	Jack Steger
1978	6th	25	Chicago	Jack Steger
1979	5th	32	Chicago	John Skornicka
1980	5th	41	Chicago	John Skornicka
1981	6th	34.5	Chicago	Dave Ostrander
1982	4th	40	Chicago	Dave Ostrander
1983	9th	27	Chicago	Dave Ostrander
1984	9th	14	Chicago	Roger Haynes
1985	2nd	76	Chicago	Roger Haynes
1986	2nd	82.5	Chicago	Roger Haynes
1987	4th	60.5	Chicago	Roger Haynes
1988	6th	36	Cornell	Roger Haynes
1989	2nd	83	Cornell	Roger Haynes
1990	2nd	96.5	Cornell	Roger Haynes
1991	<b>1st</b>	<b>157</b>	Cornell	Roger Haynes
1992	<b>1st</b>	<b>191</b>	Cornell	Roger Haynes
1993	2nd	105	Knox	Roger Haynes
1994	3rd	92	Cornell	Roger Haynes
1995	<b>1st</b>	<b>150</b>	Knox	Roger Haynes
1996	<b>1st</b>	<b>225</b>	Cornell	Roger Haynes
1997	<b>1st</b>	<b>154</b>	Knox	Roger Haynes
1998	<b>1st</b>	<b>160</b>	Knox	Roger Haynes
1999	3rd	95	Knox	Roger Haynes
2000	<b>1st</b>	<b>155</b>	Knox	Roger Haynes
2001	<b>1st</b>	<b>141</b>	Knox	Roger Haynes
2002	<b>1st</b>	<b>181</b>	Knox	Roger Haynes
2003	<b>1st</b>	<b>249</b>	Knox	Roger Haynes
2004	<b>1st</b>	<b>228</b>	Knox	Roger Haynes
2005	<b>1st</b>	<b>276.5</b>	Illinois College	Roger Haynes
2006	<b>1st</b>	<b>277</b>	Monmouth	Roger Haynes
2007	<b>1st</b>	<b>264</b>	Knox	Roger Haynes
2008	<b>1st</b>	<b>237</b>	Illinois College	Roger Haynes
2009	<b>1st</b>	<b>149</b>	Monmouth	Roger Haynes

## MIDWEST CONFERENCE MEN'S INDOOR TRACK TEAM CHAMPIONS

1977	Coe	1988	Cornell	1999	Carroll
1978	Carleton	1989	Cornell	2000	<b>MONMOUTH</b>
1979	Carleton	1990	Coe	2001	<b>MONMOUTH</b>
1980	Chicago	1991	<b>MONMOUTH</b>	2002	<b>MONMOUTH</b>
1981	Coe	1992	<b>MONMOUTH</b>	2003	<b>MONMOUTH</b>
1982	Coe	1993	Coe	2004	<b>MONMOUTH</b>
1983	Coe	1994	Grinnell	2005	<b>MONMOUTH</b>
1984	Cornell	1995	<b>MONMOUTH</b>	2006	<b>MONMOUTH</b>
1985	Coe	1996	<b>MONMOUTH</b>	2007	<b>MONMOUTH</b>
1986	Coe	1997	<b>MONMOUTH</b>	2008	<b>MONMOUTH</b>
1987	Cornell	1998	<b>MONMOUTH</b>	2009	<b>MONMOUTH</b>

## MIDWEST CONFERENCE CHAMPIONSHIPS

### CONFERENCE CHAMPIONS BY YEAR

*Monmouth individual event champions are listed chronologically by year and number of titles won in each year. Event, athlete name, winning performance and meet site are also listed. Relays are counted as one championship title. Midwest Conference championship meet records are denoted by asterisk (\*).*

Year	Event	Athlete	Performance	Host
1979 (1)	Long Jump	Rod Slover	22'5¼"	Chicago
1980 (1)	Triple Jump	Bill Komperda	42'3"	Chicago
1981 (1)	4x440 Relay	Mike Wolf, Ray Vance, Alex McGehee, John Perschke	3:27.3	Chicago
1982 (1)	60 Y Hurdles	Peter McNaughton	7.9	Chicago
1985 (2)	60 Y Hurdles	Peter McNaughton	7.6	Chicago
	High Jump	Eric Ealy	6'8"	
1986 (3)	Long Jump	Peter McNaughton	22'2"	Chicago
	High Jump	Eric Ealy	6'8-1/4" *	
	Triple Jump	Roger Well	44'0-1/2"	
1987 (3)	60 Y Hurdles	Peter McNaughton	7.8	Chicago
	300 Yards	Peter McNaughton	32.1 *	
	Long Jump	Peter McNaughton	21'7-1/4"	
1989 (3)	Shot Put	Ross Richardson	51'6-1/4" *	Cornell
	600 Yards	Jeff McCraven	1:15.54	
	4x400 Relay	John Clingan, Jeff McCraven, Bill Dust, Charles Burton	3:30.6	
1990 (6)	55 M Hurdles	Charles Burton	7.75	Cornell
	Triple Jump	Todd Stevens	43'9-1/4"	
	55 Meters	Charles Burton	6.62	
	300 Meters	Charles Burton	35.77	
	400 Meters	Charles Burton	50.39	
	600 Meters	Jeff McCraven	1:24.64	
1991 (8)	55 M Hurdles	Charles Burton	7.87	Cornell

	Long Jump	Tobias Sumrall	23'1-1/2"	
	Triple Jump	Todd Stevens	45'8-1/4"	
	55 Meters	Charles Burton	6.56	
	400 Meters	Charles Burton	50.04 *	
	600 Meters	Jeff McCraven	1:23.20 *	
	4x200 Relay	Charles Burton, Tony Williams, Todd Stevens, Jeff McCraven	1:32.80 *	
	4x400 Relay	Aaron Arne, Jason Devino, Jeff McCraven, Charles Burton	3:24.93	
1992 (11)	55 M Hurdles	Charles Burton	7.73	Cornell
	High Jump	Eric Johnson	6'6"	
	55 Meters	Charles Burton	6.57 *	
	300 Meters	Charles Burton	35.28 *	
	400 Meters	Charles Burton	50.12	
	600 Meters	Jason Devino	1:22.22 *	
	800 Meters	Jeff McCraven	1:56.92	
	1000 Meters	Steve Hartman	2:31.6	
	1500 Meters	Steve Hartman	3:56.73 *	
	4x200 Relay	Jason Devino, Aaron Baker, Jeff McCraven, Charles Burton	1:31.95 *	
	4x400 Relay	Charles Burton, Shane Bertelsen, Jason Devino, Jeff McCraven	3:25.24	
1993 (3)	400 Meters	Jason Devino	50.59	Knox
	4x200 Relay	Jason Devino, Aaron Baker, Cory Pasquale, Shane Bertelsen	1:31.83 *	
	4x400 Relay	Doug Stenfeldt, Aaron Baker, Shane Bertelsen, Jason Devino	3:26.76	
1994 (4)	55 Meters	Shane Bertelsen	6.71	Cornell
	200 Meters	Shane Bertelsen	23.09	
	400 Meters	Shane Bertelsen	51.04	
	1500 Meters	Dan Schisler	4:05.48	
1995 (6)	Long Jump	David Thompson	24'0-1/2" *	Knox
	High Jump	Phil Lark	6'6"	
	Shot Put	Bob Lindstrom	48'0-1/2"	
	55 Meters	David Thompson	6.67	
	200 Meters	David Thompson	22.70	
	4x200 Relay	David Thompson, Brian Woodard, Andy Knowles, Shane Bertelsen	1:30.74 *	
1996 (12)	55 M Hurdles	Dennis Staggs	7.78	Cornell
	200 M Hurdles	Dennis Staggs	24.92 *	
	Long Jump	David Thompson	22'11-1/2"	
	Triple Jump	David Thompson	44'4-1/2"	
	High Jump	Shawn Maze	7'0" *	
	Shot Put	Chris Sondgeroth	48'3-1/2"	
	55 Meters	David Thompson	6.59 *	
	1000 Meters	Jamie Verstraete	2:34.76	
	1500 Meters	Jamie Verstraete	4:05.46	
	3000 Meters	Jamie Verstraete	8:52.20	
	4x200 Relay	David Thompson, Brian Woodard, Andy Knowles, Brett Newnam	1:30.74 *	
	4x400 Relay	Toby Vallas, Mark Mazur,		

1997 (8)	200 M Hurdles	David Kimber, Brett Newnam	3:24.54 *	Knox
	Shot Put	Brian Woodard	25.25	
	200 Meters	Chris Sondgeroth	52'3"	
	600 Meters	Brian Houzenga	22.28 *	
	800 Meters	David Kimber	1:22.35	
	1000 Meters	Clinton Tarpley	1:58.73	
	1500 Meters	Jamie Verstraete	2:34.47	
	4x400 Relay	Jamie Nelson	4:06.14	
1998 (7)	55 M Hurdles	Andy Knowles, Rich Johnson, David Kimber, Brian Houzenga	3:22.91 *	Knox
	200 M Hurdles	Dennis Staggs	7.71 *	
	High Jump	Dennis Staggs	24.96	
	200 Meters	Jeromy Hogan	6'9-1/2"	
	400 Meters	Brian Houzenga	22.42	
	4x200 Relay	Brian Houzenga	49.36 *	
	4x400 Relay	Joel Hagaman, Dennis Staggs, Toby Vallas, Brian Houzenga	1:30.25 *	
	55 M Hurdles	Justin Bryant, David Kimber, Toby Vallas, Brian Houzenga	3:27.26	
1999 (5)	High Jump	Scott Stanton	7.86	Knox
	200 Meters	Cort Mills	6'6"	
	4x200 Relay	Justin Bryant	22.62	
	4x400 Relay	Justin Bryant, Matt Beverly, Vaughn Gray, Brian Houzenga	1:30.41	
	55 M Hurdles	Justin Bryant, Randy Williams, Matt Beverly, Brian Houzenga	3:27.40	
2000 (9)	Long Jump	David Hodge	23'1-1/2"	Knox
	Triple Jump	David Hodge	45'2-1/4"	
	Shot Put	Eric Holmes	53'10-1/4"	
	High Jump	Cort Mills	6'4"	
	Pole Vault	Aaron Walker	15'0"	
	55 M Hurdles	Scott Stanton	07.66	
	Sprint Medley	Matt Beverly, Amon Shelby, Chris Lacy, Aaron Calder	3:37.77	
	55 Meters	Justin Bryant	6.62	
	4x200 Relay	Justin Bryant, Matt Beverly, Vaughn Gray, Randy Williams	1:30.05	
2001 (2)	Shot Put	Eric Holmes	55'1-3/4" *	Knox
	High Jump	Cort Mills	6'6"	
2002 (6)	Sprint Medley	Ryan Moll, Vaughn Gray, Randy Williams, Bryan Bittner	3:33.71	Knox
	4x400 Relay	Nathan Gaskill, Randy Williams, Keenan King, Ryan Moll	3:21.35	
	4x200 Relay	Randy Williams, Ryan Moll, Amon Shelby, Keenan King	1:30.05	
	55 Meters	Keenan King	6.57	
	200 Meters	Keenan King	22.29	
	Triple Jump	David Hodge	44'4"	
2003 (10)	200 Meters	Keenan King	22.08	Knox
	1500 Meters	Bryan Bittner	4:01.38	
	3000 Meters	Zach Barr	8:51.90	

	55 M Hurdles	Ortez Davis	7.67
	55 Meters	Keenan King	6.56
	4x200 Relay	Keenan King, Aaron Olson, Ryan Moll, Amon Shelby	1:29.79
	Distance Medley	Anthony Welty, Matt Underwood, Aaron Calder, Matt Hargleroad	10:38.59
	High Jump	John Roberts	6'6"
	Pole Vault	Keenan King	15'6"
	Weight Throw	Matt Copple	52'5"
2004 (11)	55 Meters	Blake Boma	6.49
	200 Meters	Ryan Moll	22.50
	400 Meters	Ryan Moll	49.63
	1,500 Meters	Zach Barr	3:58.07
	3,000 Meters	Zach Barr	8:38.49
	55 M Hurdles	Blake Boma	7.62
	4x200 Relay	Blake Boma, Ryan Moll, Tyler Rundle, Ortez Davis	1:29.83
	4x400 Relay	Ryan Moll, Kel Bond, Ortez Davis, Blake Boma	3:23.99
	Distance Medley	Zach Barr, Darin VanNattan, Nathan Gaskill, Anthony Welty	10:40.22
	Long Jump	Jason Killion	22'6-1/2"
	Shot Put	Jeff Rebholz	49'3-1/2"
2005 (13)	Mile	Zach Barr	4:16.67 *
	Distance Medley	Zach Barr, Kel Bond, Tyler Rundle, Anthony Welty	10:35.05
	3,000 Meters	Zach Barr	8:40.97
	55 M Hurdles	Blake Boma	7.81
	4x400 Relay	Blake Boma, Kel Bond, Brad Gross, Tyler Rundle	3:22.48
	4x200 Relay	Blake Boma, Bradley Franks, Brad Gross, Tyler Rundle	1:28.64 *
	High Jump	Tim Frank	6'3-1/2"
	Weight Throw	Jeff Rebholz	55'4-1/4" *
	Shot Put	Jeff Rebholz	48'10-3/4"
	55 Meters	Blake Boma	6.47
	400 Meters	Tyler Rundle	49.30
	200 Meters	Tyler Rundle	21.94 *
	Triple Jump	Alex Stuart	45'11-1/4"
2006 (11)	4x200 Relay	Tyler Rundle, Dante Daniels, Brad Gross, Bradley Franks	1:29.28
	4x400 Relay	Tyler Rundle, Dante Daniels, Luke Reschke, Kel Bond	4:09.42
	Sprint Medley	Tyler Rundle, Tim Meredith, Adam Rodriguez, Luke Reschke	3:36.47
	400 Meters	Tyler Rundle	50.17
	200 Meters	Dante Daniels	22.31
	800 Meters	Kel Bond	1:55.50
	Mile	Kel Bond	4:21.97
	Pole Vault	Peter Sprecher	15'9-1/4"
	Long Jump	Albert Greene	23'

	Weight Throw	Zach Wilson	57'2"
	Shot Put	Zach Wilson	51'6-1/4"
2007 (14)	High Jump	Tim Frank	6'4-1/4"
	Pole Vault	Peter Sprecher	16'9-1/2"
	Triple Jump	Alex Stuart	47'0-3/4"
	Shot Put	Jeff Rebholz	54'3-1/4"
	Weight Throw	Zach Wilson	60'8"
	Sprint Medley	Brad Gross, Tim Meredith, Jake Stott, Damon Bautista	3:36.00
	55 M Hurdles	Brandon Hurckes	8.09
	Mile	Kel Bond	4:22.59
	4x200 Relay	Tyler Rundle, Brad Gross, Luke Reschke, Dante Daniels	1:29.24
	400 Meters	Luke Reshcke	50.04
	800 Meters	Kel Bond	1:55.36
	3000 Meters	Zach Barr	8:42.98
	200 Meters	Dante Daniels	22.27
	4x400 Relay	Dante Daniels, Tyler Rundle, Josh Reschke, Luke Reschke	3:21.21
2008 (11)	Pole Vault	Peter Sprecher	17'0-3/4"
	Shot Put	Zach Wilson	52'6-3/4"
	Weight Throw	Zach Wilson	60'2-1/2"
	Sprint Medley	Brad Gross, Luke Reschke, Adam Rodriguez, Jacob Stott	3:35.28
	55 M Hurdles	Logan Hohl	7.74
	Mile	Clay Staley	4:21.90
	Distance Medley	Tim Bentz, Seth Leitner, Saidu Sesay, Clay Staley	10:29.29
	400 Meters	Luke Reschke	49.25
	800 Meters	Damon Bautista	1:59.24
	3000 Meters	Clay Staley	8:48.70
	4x400 Relay	Aaron Daverin, Brad Gross, Luke Reschke, Jacob Stott	3:22.42
2009 (4)	Pole Vault	Brock McAnally	15'0-1/4"
	400 Meters	Luke Reschke	49.41
	55 M Hurdles	Logan Hohl	7.78
	Sprint Medley	Ryan Hardman, Tim Bentz, Luke Reschke, Jacob Stott	3:37.80

## CONFERENCE CHAMPIONS BY EVENT

*Monmouth individual event champions are listed by event and number of total titles won in each event. Year, athlete name and winning performance are also listed. Events measured in imperial yard/mile distances are denoted by (Yd). Midwest Conference championship meet records are denoted by asterisk (\*).*

<b>55 Meter/60 Yd High Hurdles (15)</b>		1990	Charles Burton	7.75*	
1982	Peter McNaughton	7.9 (Yd)	1991	Charles Burton	7.87
1985	Peter McNaughton	7.6 (Yd)	1992	Charles Burton	7.73*
1987	Peter McNaughton	7.8 (Yd)	1996	Dennis Staggs	7.78

1998	Dennis Staggs	7.71*
1999	Scott Stanton	7.86
2000	Scott Stanton	7.66
2003	Ortez Davis	7.67
2004	Blake Boma	7.62
2005	Blake Boma	7.81
2007	Brandon Hurckes	8.09
2008	Logan Hohl	7.74
2009	Logan Hohl	7.78

#### 200 Meter Intermediate Hurdles (3)

1996	Dennis Staggs	24.92*
1997	Brian Woodard	25.25
1998	Dennis Staggs	24.96

#### 55 Meters (11)

1990	Charles Burton	6.62
1991	Charles Burton	6.56*
1992	Charles Burton	6.54* / 6.57
	[record set in prelims]	
1994	Shane Bertelsen	6.71
1995	David Thompson	6.67
1996	David Thompson	6.53* / 6.59
	[record set in prelims]	
2000	Justin Bryant	6.62
2002	Keenan King	6.57
2003	Keenan King	6.56
2004	Blake Boma	6.49
2005	Blake Boma	6.47

#### 200 Meters (9)

1994	Shane Bertelsen	23.09
1995	David Thompson	22.70
1997	Brian Houzenga	22.28*
1998	Brian Houzenga	22.42
1999	Justin Bryant	22.62
2002	Keenan King	22.29
2003	Keenan King	22.08*
2004	Ryan Moll	22.50
2005	Tyler Rundle	21.94*
2006	Dante Daniels	22.31
2007	Dante Daniels	22.27

#### 300 Meters/Yards (3)

1987	Peter McNaughton	32.1 (Yd)*
1990	Charles Burton	35.77
1992	Charles Burton	35.28*

#### 400 Meters (12)

1990	Charles Burton	50.39
1991	Charles Burton	50.04*
1992	Charles Burton	50.12
1993	Jason Devino	50.59
1994	Shane Bertelsen	51.04

1998	Brian Houzenga	49.36*
2004	Ryan Moll	49.63
2005	Tyler Rundle	49.30
2006	Tyler Rundle	50.17
2007	Luke Reschke	50.04
2008	Luke Reschke	49.25
2009	Luke Reschke	49.41

#### 600 Meters/Yards (5)

1989	Jeff McCraven	1:15.54 (Yd)
1990	Jeff McCraven	1:24.64
1991	Jeff McCraven	1:23.20*
1992	Jason Devino	1:22.22*
1997	David Kimber	1:22.35

#### 800 Meters (5)

1992	Jeff McCraven	1:56.92
1997	Clinton Tarpley	1:58.73
2006	Kel Bond	1:55.50
2007	Kel Bond	1:55.36
2008	Damon Bautista	1:59.24

#### 1000 Meters (3)

1992	Steve Hartman	2:31.6
1996	Jamie Verstraete	2:34.76
1997	Jamie Verstraete	2:34.47

#### 1500 Meters (6)

1992	Steve Hartman	3:56.73*
1994	Dan Schisler	4:05.48
1996	Jamie Verstraete	4:05.46
1997	Jamie Nelson	4:06.14
2003	Bryan Bittner	4:01.38
2004	Zach Barr	3:58.07

#### Mile (4)

2005	Zach Barr	4:16.67*
2006	Kel Bond	4:21.97
2007	Kel Bond	4:22.59
2008	Clay Staley	4:21.90

#### 3000 Meters (6)

1996	Jamie Verstraete	8:52.20
2003	Zach Barr	8:51.90
2004	Zach Barr	8:38.49
2005	Zach Barr	8:40.97
2007	Zach Barr	8:42.98
2008	Clay Staley	8:48.70

#### 5000 Meters (0)

None

#### Long Jump (9)

1979	Rod Slover	22' 5-1/4"
1986	Peter McNaughton	22' 2"
1987	Peter McNaughton	21' 7-1/4"

1991	Tobias Sumrall	23' 1-1/2"*
1995	David Thompson	24' 0-1/2"*
1996	David Thompson	22'11-1/2"
2000	David Hodge	23' 1-1/2"
2004	Jason Killion	22'6-1/2"
2006	Albert Greene	23'

### Triple Jump (8)

1980	Bill Komperda	42'3"
1986	Roger Well	44' 0-1/2"
1990	Todd Stevens	43' 9-1/4"
1991	Todd Stevens	45' 8-1/4"
1996	David Thompson	44' 4-1/2"
2000	David Hodge	45'2-1/4"
2002	David Hodge	44'4"
2005	Alex Stuart	45'11-1/4"
2007	Alex Stuart	47'0-3/4"

### High Jump (12)

1985	Eric Ealy	6' 8"*
1986	Eric Ealy	6' 8-1/4"*
1992	Eric Johnson	6' 6"
1995	Phil Lark	6' 6"
1996	Shawn Maze	7' 0"*
1998	Jeromy Hogan	6' 9-1/2"
1999	Cort Mills	6'6"
2000	Cort Mills	6'4"
2001	Cort Mills	6'6"
2003	John Roberts	6'6"
2005	Tim Frank	6'3-1/2"
2007	Tim Frank	6'4-1/4"

### Pole Vault (6)

2000	Aaron Walker	15'0"
2003	Keenan King	15'6"
2006	Peter Sprecher	15'9-1/4"
2007	Peter Sprecher	16'9-1/2"
2008	Peter Sprecher	17'0-3/4"
2009	Brock McAnally	15'0-1/4"

### Shot Put (11)

1989	Ross Richardson	51' 6-1/4"*
1995	Bob Lindstrom	48' 0-1/2"
1996	Chris Sondgeroth	48' 3-1/2"
1997	Chris Sondgeroth	52' 3"
2000	Eric Holmes	53'10-1/4"*
2001	Eric Holmes	55'1-3/4"*
2004	Jeff Rebholz	49'3-1/2"
2005	Jeff Rebholz	48'10-3/4"
2006	Zach Wilson	51'6-1/4"
2007	Jeff Rebholz	54'3-1/4"
2008	Zach Wilson	52'6-3/4"

### 35-Pound Weight (5)

2003	Matt Copple	52'5"
2005	Jeff Rebholz	55'4-1/4"*

2006	Zach Wilson	57'2"
2007	Zach Wilson	60'8"
2008	Zach Wilson	60'2-1/2"

### 4x200 Meter Relay (12)

1991	Burton-Williams-Stevens-McCraven	1:32.80*
1992	Devino-Baker-McCraven-Burton	1:31.95*
1993	Devino-Baker-Pasquale-Bertelsen	1:31.83*
1995	Thompson-Woodard-Knowles-Bertelsen	1:30.74*
1996	Thompson-Woodard-Knowles-Newnam	1:30.74*
1998	Hagaman-Staggs-Vallas-Brian Houzenga	1:30.25*
1999	Bryant-Beverly-Gray-Houzenga	1:30.41
2000	Bryant-Beverly-Gray-Williams	1:30/05*
2002	Williams-Moll-Shelby-King	1:30.05*
2003	King-Olson-Moll-Shelby	1:28.79
2004	Boma-Moll-Rundle-Davis	1:29.83
2005	Boma-Franks-Gross-Rundle	1:28.64*
2006	Rundle-Daniels-Gross-Franks	1:29.28
2007	Rundle-Gross-L. Reschke-Daniels	1:29.24

### 4x400 Meter Relay (14)

1981	Wolf-Vance-McGehee-Perschke	3:27.3 (Yd)
1989	Clingan-McCraven-Dust-Burton	3:30.6
1991	Arne-Devino-McCraven-Burton	3:24.93
1992	Burton-Bertelsen-Devino-McCraven	3:25.24
1993	Stenfeldt-Baker-Bertelsen-Devino	3:26.76
1996	Vallas-Mazur-Kimber-Newnam	3:24.54*
1997	Knowles-Johnson-Kimber-Houzenga	3:22.91*
1998	Bryant-Kimber-Vallas-Houzenga	3:27.26
1999	Bryant-Williams-Beverly-Houzenga	3:27.40
2002	Gaskill-Williams-King-Moll	3:21.35
2004	Moll-Bond-	

2005	Davis-Boma Boma-Bond- Gross-Rundle	3:23.99 3:22.48	2007	Gross-Meredith- Stott-Bautista	3:36.00
2006	Rundle-Daniels- Reschke-Bond	3:22.35	2008	Gross-Reschke- Rodriguez-Stott	3:35.28
2007	Daniels-Rundle- J. Reschke-L. Reschke	3:21.21	2009	Hardman-Bentz- L. Reschke-Stott	3:37.80
2008	Daverin-Gross- Reschke-Stott	3:22.42			
	<b>Sprint Medley (6)</b>			<b>Distance Medley (4)</b>	
2000	Beverly-Shelby- Lacy-Calder	3:37.77	2003	Welty-Underwood- Calder-Hargleroad	10:38.59
2002	Moll-Gray- Williams-Bittner	3:33.71*	2004	Barr-VanNattan- Gaskill-Welty	10:40.22
2006	Rundle-Meredith- Reschke-Rodriguez	3:36.47	2005	Barr-Bond- Rundle-Welty	10:35.05
			2008	Bentz-Leitner- Sesay-Staley	10:29.29

## INDIVIDUAL/TEAM CONFERENCE MEET RECORDS

### *Individual Records*

#### **MOST INDIVIDUAL CONFERENCE TITLES - SINGLE SEASON**

- 6 - Charles Burton, 1992 (55HH, 55, 300, 400, 4x200, 4x400)**
- 5 - Charles Burton, 1991 (55HH, 55, 400, 4x200, 4x400)
- 5 - Tyler Rundle, 2005 (400, 200, Distance Medley Relay, 4x400, 4x200)
- 4 - David Thompson, 1996 (55, LJ, TJ, 4x200), 1995 (55, 200, LJ, 4x200)
- 4 - Charles Burton, 1990 (55HH, 55, 300, 400)
- 4 - Blake Boma, 2005 (55HH, 55, 4x400, 4x200)
- 4 - Tyler Rundle, 2006 (4x200, 4x400, Sprint Medley Relay, 400)

#### **MOST INDIVIDUAL CONFERENCE TITLES - CAREER**

- 16 - Charles Burton (1992 - 55HH, 55, 300, 400, 4x200, 4x400; 1991 - 55HH, 55, 400, 4x200, 4x400; 1990 - 55HH, 55, 300, 400; 1989 - 4x400)**
- 12 - Tyler Rundle (2004 - 4x200; 2005 - 400, 200, Distance Medley Relay, 4x200, 4x400; 2006 - 4x200, 4x400, Sprint Medley Relay, 400; 2007 - 4x200 Relay, 4x400 Relay)
- 10 - Luke Reschke (2006 - 4x400, Sprint Medley Relay; 2007 - 4x200, 400, 4x400; 2008 - 400, 4x400, Sprint Medley Relay; 2009 - 400, Sprint Medley Relay)
- 9 - Jeff McCraven (1992 - 800, 4x200, 4x400; 1991 - 600, 4x200, 4x400; 1990 - 600; 1989 - 600, 4x400)
- 8 - David Thompson (1996 - 55, LJ, TJ, 4x200; 1995 - 55, 200, LJ, 4x200)
- 8 - Blake Boma (2004 - 200, 55HH, 4x200, 4x400; 2005 - 55HH, 55, 4x200, 4x400)
- 7 - Shane Bertelsen (1995 - 4x200; 1994 - 55, 200, 400; 1993 - 4x200, 4x400; 1992 - 4x400)
- 7 - Jason Devino (1993 - 400, 4x200, 4x400; 1992 - 600, 4x200, 4x400; 1991 - 4x400)
- 7 - Keenan King (2002 - 4x400, 4x200, 55, 200; 2003 - 200, PV, 4x200)
- 7 - Zach Barr (2004 - 1,500, 3,000, Distance Medley Relay; 2005 - Mile, Distance Medley Relay, 3,000; 2007 - 3000)
- 6 - Peter McNaughton (1987 - 60HH, 300, LJ; 1986 - LJ; 1985 - 60HH; 1982 - 60HH)
- 6 - Dante Daniels (2006 - 200, 4x200, 4x400; 2007 - 200, 4x200, 4x400)
- 6 - Kel Bond (2005 - Distance Medley; 2006 - 800, Mile, 4x400; 2007 - 800, Mile)

#### **MOST INDIVIDUAL CONFERENCE TITLES - SAME EVENT**

- 4 - Zach Barr, 3000 (2003-04-05-07); Tyler Rundle, 4x200 (2004-05-06-07)**

3 - Jason Devino, 4x400 (1991-92-93); Charles Burton, 55 HH, 55, 400 (1990-91-92), 4x400 (1989, 1991-92); Jeff McCraven, 600 (1989-90-91), 4x400 (1989, 1991-92); Peter McNaughton, 60 HH (1982,1985,1987); Cort Mills, High Jump (1999-2001); Tyler Rundle, 4x400 (2005-06-07); Kel Bond 4x400 (2004-05-06); Brad Gross, 4x200 (2005-06-07); Peter Sprecher, Pole Vault (2006-07-08); Zach Wilson, Weight Throw (2006-07-08); Jacob Stott, Sprint Medley Relay (2007-08-09); Luke Reschke, Sprint Medley Relay (2006-08-09), 400 (2007-08-09)

### ***Team Records***

#### **HIGHEST CONFERENCE MEET PLACE**

1st place – 2009, 2008, 2007, 2006, 2005, 2004, 2003, 2002, 2001, 2000, 1998, 1997, 1996, 1995, 1992, 1991

#### **HIGHEST CONFERENCE MEET POINT TOTAL**

277 – 2006 at Monmouth  
 276.5 – 2005 at Illinois College  
 264 – 2007 at Knox  
 249– 2003 at Knox  
 237 – 2008 at Illinois College  
 228 – 2004 at Knox  
 225 - 1996 at Cornell

#### **MOST INDIVIDUAL/RELAY EVENT TITLES - SINGLE SEASON**

14 – 2007 at Knox  
 13 – 2005 at Illinois College  
 12 –1996 at Cornell  
 11 – 2004 at Knox, 2006 at Monmouth, 2008 at Illinois College

#### **MOST CONSECUTIVE INDOOR TRACK TEAM TITLES**

10 – 2000 to 2009  
 4 - 1995 to 1998

## **MIDWEST CONFERENCE CHAMPIONSHIPS**

### **MOST OUTSTANDING PERFORMERS – COACH OF THE YEAR**

<b>1994</b> Meet	Shane Bertelsen	<b>2001</b> Field	Eric Holmes	Coach	Roger Haynes
<b>1995</b> Meet	David Thompson	<b>2002</b> Track	Keenan King	<b>2005</b> Track	Tyler Rundle, Blake Boma,
<b>1996</b> Meet	Jamie Verstraete	Field	David Hodge		Zach Barr
<b>1998</b> Track	Brian Houzenga	Coach	Roger Haynes	Field	Jeff Rebholz
<b>2000</b> Field	David Hodge, Eric Holmes	<b>2003</b> Track	Keenan King	<b>2006</b> Track	Tyler Rundle
		Coach	Roger Haynes	Field	Zach Wilson
		<b>2004</b> Track	Blake Boma, Zach Barr, Ryan Moll	Coach	Roger Haynes
				<b>2007</b> Track	Kel Bond, Zach Barr

Field	Jonny Henkins, Peter Sprecher, Jeff Rebholz, Zach Wilson, Alex Stuart	<b>2008</b>	Coach	Roger Haynes
		Track	Luke Reschke, Clay Staley	<b>2009</b>
		Field	Zach Wilson	Coach
				Roger Haynes

## NCAA DIVISION III NATIONAL CHAMPIONSHIPS - TEAM RESULTS

Year	Place	Points	Host
1986	34th	1-3/4 points	Bethel (Minneapolis, Minnesota)
1988	41st	1 point	Smith (Northampton, Massachusetts)
1992	12th	6 points	UW-Stevens Point (Stevens Point, Wisconsin)
1995	34th	2 points	Ohio Northern (Ada, Ohio)
1996	30th	1 point	Smith (Northampton, Massachusetts)
1997	22nd	6 points	UW-Oshkosh (Oshkosh, Wisconsin)
1998	41st	1 point	Brandeis (Waltham, Massachusetts)
2001	10th	12 points	UW-Oshkosh (Oshkosh, Wisconsin)
2002	35th	4 points	Ohio Northern Univ. (Ada, Ohio)
2003	10th	12 points	DePauw Univ. (Greencastle, Indiana)
2004	54th	0 points	UW-Whitewater (Whitewater, Wisconsin)
2006	DNP	0 points	St. Olaf (Northfield, Minn.)
2007	6th	20 ½ points	Rose-Hulman (Terra Haute, Ind.)
2008	2nd	33 points	Ohio Northern (Ada, Ohio)
2009	31st	7 points	Roe-Hulman (Terre Haute, Ind.)

## NCAA DIVISION III NATIONAL CHAMPIONSHIPS - NATIONAL QUALIFIERS BY YEAR

*(Includes Provisional Qualifiers)*

*Monmouth individual national qualifiers are listed chronologically by year and number of qualifier (by event). Provisional qualifiers not competing at NCAA Meet are denoted by an asterisk (\*).*

Year	Athlete	Event
1986 (1)	Eric Ealy	High Jump
1988 (1)	Ross Richardson	Shot Put
1989 (1)	Ross Richardson	Shot Put
1991 (1)	Tobias Sumrall	Long Jump
1992 (8)	Charles Burton	55m Hurdles, 400 meters, 55 meters
	Jeff McCraven	800 meters
	Steve Hartman	1500 meters*
	Dan Schisler	1500 meters*

	Eric Johnson	High Jump*
	Phil Lark	High Jump*
1993 (1)	Jason Devino	400 meters*
1995 (1)	David Thompson	Long Jump
1996 (3)	David Thompson	Long Jump
	Shawn Maze	High Jump
	Dennis Staggs	55m Hurdles
1997 (4)	Chris Sondgeroth	Shot Put
	Bob Lindstrom	Shot Put
	Dennis Staggs	55m Hurdles
	Brian Woodard	55m Hurdles*
1998 (1)	Brian Houzenga	400 Meters
2000 (2)	Scott Stanton	55m Hurdles
	Eric Holmes	Shot Put
2001 (3)	Eric Holmes	Shot Put
	Cort Mills	High Jump
	Scott Stanton	55m Hurdles
2002 (1)	Scott Stanton	55m Hurdles
2003 (2)	Keenan King	Pole Vault
		400 meters
2004 (8)	Jeff Rebholz	Shot Put*
	Ortez Davis	55m Hurdles*
	Jason Killion	Long Jump*
	Zach Barr	1,500
	Kel Bond	800*
	Blake Boma	55m Hurdles, 55 meters*
	Ryan Moll	400 meters*
2005 (8)	Blake Boma	55 meters*, 55m Hurdles*
	Tyler Rundle	400 meters*
	Zach Barr	Mile*
	Barr, Bond, Rundle, Welty	Distance Medley Relay*
	Tim Frank	High Jump*
	Alex Stuart	Triple Jump*
	Jeff Rebholz	Weight Throw*
2006(8)	Kel Bond	800 Meters
	Peter Sprecher	Pole Vault
	Jonny Henkins	Pole Vault
	Tyler Rundle	400 Meters*
	Albert Greene	Long Jump*, Triple Jump*
	Zach Wilson	Weight Throw*, Shot Put*
2007 (10)	Peter Sprecher	Pole Vault
	Jonny Henkins	Pole Vault
	Jeff Rebholz	Shot Put, Weight Throw
	Zach Wilson	Weight Throw, Shot Put*
	Alex Stuart	Triple Jump

	Kel Bond	800 meters*, Distance Medley Relay*
	Zach Barr	Distance Medley Relay*
	Clay Staley	Distance Medley Relay*
	Luke Reschke	Distance Medley Relay*, 4x400 Relay
	Dante Daniels	4x400 Relay
	Josh Reshcke	4x400 Relay
	Tyler Rundle	4x400 Relay
2008 (7)	Peter Sprecher	Pole Vault
	Jonny Henkins	Pole Vault
	Zach Wilson	Weight Throw, Shot Put
	Logan Hohl	55 M Hurdles, 4x400 Relay
	Luke Reschke	4x400 Relay, 400 Meters
	Brad Gross	4x400 Relay
	Jacob Stott	4x400 Relay
2009 (4)	Luke Reschke	400 Meters, 4x400 Relay
	Jacob Stott	400 Meters, 4x400 Relay
	Logan Hohl	55 M Hurdles, 4x400 Relay
	Ryan Hardman	4x400 Relay

## NATIONAL QUALIFIERS BY EVENT

*Lists only athletes who qualified and competed (not provisional qualifiers).*

### 55 Meter High Hurdles (10)

1992	Charles Burton
1993	Dennis Staggs
1997	Dennis Staggs, Brian Woodard
2000	Scott Stanton
2001	Scott Stanton
2002	Scott Stanton
2004	Blake Boma
2008	Logan Hohl
2009	Logan Hohl

### 55 Meters (1)

1992	Charles Burton
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### 400 Meters (7)

1992	Charles Burton
1998	Brian Houzenga
2003	Keenan King
2004	Tyler Rundle
2008	Luke Reschke
2009	Luke Reschke, Jacob Stott

### 800 Meters (2)

1992	Jeff McCraven
2006	Kel Bond

### 1500 Meters (1)

2004	Zach Barr
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### 4x400 Relay (3)

2007	Dante Daniels, Luke Reschke, Josh Reschke, Tyler Rundle
2008	Logan Hohl, Brad Gross, Luke Reschke, Jacob Stott
2009	Jacob Stott, Ryan Hardman, Logan Hohl, Luke Reschke

### Long Jump (3)

1991	Tobias Sumrall
1995	David Thompson
1996	David Thompson

### Triple Jump (1)

2007	Alex Stuart
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### High Jump (3)

1986	Eric Ealy
1996	Shawn Maze
2001	Cort Mills

### Shot Put (8)

1988	Ross Richardson
1989	Ross Richardson

1997 Chris Sondgeroth, Bob Lindstrom  
 2000 Eric Holmes  
 2001 Eric Holmes  
 2007 Jeff Rebholz  
 2008 Zach Wilson

**Weight Throw (3)**

2007 Jeff Rebholz, Zach Wilson

2008 Zach Wilson

**Pole Vault (7)**

2003 Keenan King  
 2006 Peter Sprecher, Jonny Henkins  
 2007 Peter Sprecher, Jonny Henkins  
 2008 Peter Sprecher, Jonny Henkins

**NCAA ALL-AMERICANS**

*The top eight (six prior to 2002) finishers in each event earn NCAA All-American status for indoor track and field. \*(NCAA changed to top eight in 2002)*

<b>Year</b>	<b>Athlete</b>	<b>Event</b>	<b>Place</b>
1986 (1)	Eric Ealy	High Jump	4th place
1988 (1)	Ross Richardson	Shot Put	6th place
1992 (2)	Charles Burton	55m Hurdles	5th place
	Charles Burton	400 meters	4th place
1995 (1)	David Thompson	Long Jump	5th place
1996 (1)	David Thompson	Long Jump	6th place
1997 (1)	Chris Sondgeroth	Shot Put	3rd place
1998 (1)	Brian Houzenga	400 meters	6th place
2001 (2)	Eric Holmes	Shot Put	2nd place
	Cort Mills	High Jump	4th place
2002 (1)	Scott Stanton	55 Hurdles	5th place
2003 (2)	Keenan King	Pole Vault	3rd place
	Keenan King	400 meters	6th place
2007 (9)	Jeff Rebholz	Shot Put	4th place
	Peter Sprecher	Pole Vault	4th place
	Jonny Henkins	Pole Vault	6th place
	Zach Wilson	Weight Throw	6th place
	Alex Stuart	Triple Jump	8th place
	Dante Daniels	4x400 Relay	5th place
	Tyler Rundle	4x400 Relay	5th place
	Josh Reschke	4x400 Relay	5th place
	Luke Reschke	4x400 Relay	5th place
2008 (8)	Jonny Henkins	Pole Vault	<b>1st place</b>
	Peter Sprecher	Pole Vault	5th place
	Zach Wilson	Weight Throw	3rd place
	Luke Reschke	400 meters	2nd place
	Brad Gross	4x400 Relay	4th place
	Logan Hohl	4x400 Relay	4th place
	Jacob Stott	4x400 Relay	4th place
	Luke Reschke	4x400 Relay	4th place
2009 (5)	Luke Reschke	400 meters	4th place
	Luke Reschke	4x400 Relay	7th place
	Jacob Stott	4x400 Relay	7th place
	Ryan Hardman	4x400 Relay	7th place
	Logan Hohl	4x400 Relay	7th place

## INDIVIDUAL/TEAM NCAA NATIONAL MEET RECORDS

### *National Qualifier Records*

#### **MOST INDIVIDUAL NATIONAL QUALIFICATIONS - SINGLE SEASON**

**3 - Charles Burton, 1992 (55m hurdles, 55m, 400m)**

#### **MOST INDIVIDUAL NATIONAL QUALIFICATIONS - CAREER**

**5 - Luke Reschke (2007 – 4x400 Relay; 2008 – 400m, 4x400 Relay; 2009 – 400m, 4x400 Relay)**

4 – Logan Hohl (2008 – 55m Hurdles, 4x400 Relay; 2009 – 55m Hurdles, 4x400 Relay)

3 - Charles Burton (1992 - 55m hurdles, 55m, 400m); Scott Stanton (2000 – 55m hurdles, 2001 – 55m hurdles, 2002 – 55m hurdles); Jonny Henkins (2006-07-08 – PV); Peter Sprecher (2006-07-08 - PV); Jacob Stott (2008 – 4x400 Relay, 2009 – 4x400 Relay, 400m)

2 - Dennis Staggs (1996, 97 - 55m hurdles); David Thompson (1995, 96 - LJ); Ross Richardson (1988, 89 - SP); Keenan King (2003 – PV, 400m); Jeff Rebholz (2007 – WT, SP); Tyler Rundle (2004 – 400, 2007 – 4x400 Relay)

#### **MOST INDIVIDUAL NATIONAL QUALIFICATIONS - SAME EVENT**

**3 – Scott Stanton, 55m hurdles (2000-01-02); Jonny Henkins, Pole Vault (2006-08); Peter Sprecher, Pole Vault (2006-08); Luke Reschke, 4x400 Relay (2007-08-09)**

2 - Dennis Staggs, 55m hurdles (1996-97); David Thompson, Long Jump (1995-96); Eric Holmes, Shot Put (2000-01); Jacob Stott, 4x400 Relay (2008-09); Zach Wilson, Weight Throw (2007-08); Logan Hohl, 55m Hurdles (2008-09), 4x400 Relay (2008-09)

#### **MOST TEAM NATIONAL QUALIFIERS - SINGLE SEASON**

8 - 1992 at UW-Stevens Point

#### **MOST TEAM NATIONAL QUALIFIERS IN SAME EVENT - SINGLE SEASON**

**2 - Shot Put, 1997 (Chris Sondgeroth, Bob Lindstrom); 55m Hurdles, 1997 (Dennis Staggs, Brian Woodard); 1500 Meters, 1992 (Steve Hartman, Dan Schisler); High Jump, 1992 (Eric Johnson, Phil Lark); Pole Vault, 2007, 2008 (Peter Sprecher, Jonny Henkins); Weight Throw, 2007 (Jeff Rebholz, Zach Wilson); 400 Meters, 2009 (Luke Reschke, Jacob Stott)**

### *All-American Records*

#### **HIGHEST INDIVIDUAL NATIONAL MEET PLACE**

**1st place – Jonny Henkins, 2008 (pole vault)**

2nd place – Eric Holmes, 2001 (shot put)

2nd place – Luke Reschke, 2008 (400 meters)

3rd place – Zach Wilson, 2008 (weight throw)

3rd place - Chris Sondgeroth, 1997 (shot put)

3rd place – Keenan King, 2003 (pole vault)

4th place – Luke Reschke, 2009 (400 meters)

- 4th place – Jeff Rebholz, 2007 (shot put)
- 4th place – Peter Sprecher, 2007 (pole vault)
- 4th place – Charles Burton, 1992 (400 meters)
- 4th place – Eric Ealy, 1986 (high jump)
- 4th place – Jacob Stott, Brad Gross, Luke Reschke, Logan Hohl, 2008 (4x400 relay)

**MOST INDIVIDUAL ALL-AMERICAN AWARDS - SINGLE SEASON**

- 2 - Charles Burton, 1992 (55m hurdles, 400 meters)**
- 2 – Keenan King, 2003 (PV, 400 meters)**
- 2 – Luke Reschke, 2008 (400 meters, 4x400 Relay)**
- 2 – Luke Reschke, 2009 (400 meters, 4x400 Relay)**

**MOST INDIVIDUAL ALL-AMERICAN AWARDS - CAREER**

- 5 – Luke Reschke (2007 – 4x400 relay, 2008 – 400 meters, 4x400 relay, 2009 – 400 meters, 4x400 relay)**
- 2 - David Thompson (1995, 1996 - long jump)
- 2 - Charles Burton (1992 - 55m hurdles, 400 meters)
- 2 – Keenan King (2003 - PV, 400 meters)
- 2 – Peter Sprecher (2007, 2008 – PV)
- 2 – Jonny Henkins (2007, 2008 – PV)
- 2 – Zach Wilson (2007, 2008 – Weight Throw)

**MOST INDIVIDUAL ALL-AMERICAN AWARDS - SAME EVENT**

- 3 – Luke Reschke, 4x400 relay (2007-08-09)**
- 2 - David Thompson, Long Jump (1995-96)
- 2 – Peter Sprecher, Pole Vault (2007-08)
- 2 – Jonny Henkins, Pole Vault (2007-08)
- 2 – Zach Wilson, Weight Throw (2007-08)
- 2 – Luke Reschke, 400 meters (2008-09)
- 2 – Jacob Stott, 4x400 Relay (2008-09)
- 2 – Logan Hohl, 4x400 Relay (2008-09)

**MOST TEAM ALL-AMERICAN AWARDS - SINGLE SEASON**

- 6 – 2007 at Rose-Hulman (shot put, pole vault [2], 4x400 relay, weight throw, triple jump)**
- 5 – 2008 at Ohio Northern (weight throw, pole vault [2], 400 meters, 4x400 relay)
- 2 - 1992 at UW-Stevens Point (55m hurdles, 400 meters); 2001 at UW-Oshkosh (shot put, high jump); 2003 at DePauw Univ. (pole vault, 400 meters); 2009 at Rose-Hulman (400 meters, 4x400 relay)

***Team Records***

**HIGHEST TEAM NATIONAL MEET PLACE**

- 2nd place** – 2008 at Ohio Northern (33 points)
- 6th place – 2007 at Rose-Hulman (20.5 points)
- 10th place – 2001 at UW-Oshkosh (12 points)
- 10th place – 2003 at DePauw Univ. (12 points)
- 12th place - 1992 at UW-Stevens Point (6 points)

**HIGHEST TEAM NATIONAL MEET POINT TOTAL****33 points** – 2008 at Ohio Northern

20.5 points – 2007 at Rose-Hulman

12 points – 2001 at UW-Oshkosh (10th place); 2003 at DePauw Univ. (10th place)

7 points – 2009 at Rose-Hulman (31st place)

6 points - 1997 at UW-Oshkosh (22nd place), 1992 at UW-Stevens Point (12th place)

***MONMOUTH COLLEGE MEN'S INDOOR TRACK & FIELD VARSITY  
RECORDS***

55 METER HURDLES	Charles Burton	7.50	1992
200 METER HURDLES	Dennis Staggs	24.92	1996
55 METER DASH	Charles Burton	6.47	1992
	Blake Boma	6.47	2005
200 METER DASH	Tyler Rundle	21.94	2005
300 METER DASH	Charles Burton	35.28	1992
400 METER DASH	Keenan King	48.00	2003
600 METER DASH	Jason Devino	1:22.22	1992
800 METER RUN	Kel Bond	1:53.80	2006
1000 METER RUN	Steve Hartman	2:31.6	1992
1500 METER RUN	Zach Barr	3:55.46	2004
MILE RUN	Zach Barr	4:16.27	2005
3000 METER RUN	Zach Barr	8:38.49	2004
5000 METER RUN	Dan Schisler	15:08.37	1992
HIGH JUMP	Shawn Maze	7'0"	1996
LONG JUMP	David Thompson	24'0-1/2"	1995
TRIPLE JUMP	Alex Stuart	47'4-1/2"	2007
SHOT PUT	Eric Holmes	56'3-1/4"	2001

35-POUND WEIGHT	Zach Wilson	62'3-1/4"	2008
POLE VAULT	Peter Sprecher	17'1-1/2"	2008
4x200 RELAY	Rundle, Gross, Franks, Boma	1:28.64	2005
4X400 RELAY	Stott, Gross, Reschke, Hohl	3:17.39	2008
SPRINT MEDLEY	Moll, Gray, Williams, Bittner	3:33.71	2002
4X800 RELAY	Verstraete, Schweda, Johnson, Dare	8:10.25	1997
DISTANCE MEDLEY	Welty, Rundle Bond, Barr	10:05.00	2005

***MONMOUTH COLLEGE MEN'S INDOOR TRACK & FIELD  
FRESHMAN RECORDS***

55 METER HURDLES	Logan Hohl	7.61	2008
200 METER HURDLES	Chris Lacy	27.09	1998
55 METER DASH	Tony Williams	6.54	1991
200 METER DASH	Brian Houzenga	22.28	1997
400 METER DASH	Logan Hohl	49.61	2008
600 METER DASH	Jeff McCraven	1:24.42	1989
800 METER RUN	Kel Bond	1:54.43	2004
1000 METER RUN	Jamie Nelson	2:35.35	1997
1500 METER RUN	Zach Barr	4:03.62	2003
MILE RUN	Clay Staley	4:22.71	2007
3000 METER RUN	Clay Staley	8:43.42	2007
5000 METER RUN	Dan Schisler	15:21.94	1991

HIGH JUMP	Phil Lark	6'8-3/4"	1992
LONG JUMP	David Thompson	24'0-1/2"	1995
TRIPLE JUMP	Albert Greene	44'8"	2003
SHOT PUT	Jeff Rebholz	50'9-3/4"	2004
35-POUND WEIGHT	Courtland Davis	50'2"	2001
POLE VAULT	Keenan King	15'2-1/4"	2002

### ALL-TIME BEST PERFORMANCES and ALL-TIME TOP TEN INDIVIDUALS (By Event)

*The following lists include both the top ten performances recorded for each event (left column) and the top ten individuals to post a performance for the event (right column). The Top Ten Performances list includes the year and site of the performance; the Top Ten Individual list includes the season in which the performance was recorded. Manual times (MT) have been converted to fully-automatic times (FAT) by adding 0.24 seconds and denoted by a "C" after the time. Events contested in yards are denoted by a "Y" after the time.*

#### ALL-TIME TOP TEN PERFORMANCES

#### TOP TEN INDIVIDUALS

55 METER HURDLES		Individual:	
Performance:			
1) 7.50	Charles Burton, 1992 (UNI)	1) 7.50	Charles Burton, 1992
2) 7.58	Charles Burton, 1992 (UNI)	2) 7.60	Scott Stanton, 2001
3) 7.59	Charles Burton, 1992 (Conf-Cornell)	3) 7.61	Dennis Staggs, 1997
4) 7.60	Scott Stanton, 2001 (Knox)	7.61	Logan Hohl, 2008 (Monmouth); 2009 (Monmouth)
5) 7.61	Dennis Staggs, 1998 (Knox)	5) 7.62	Blake Boma, 2004
7.61	Logan Hohl, 2008 (Monmouth); 2009 (Monmouth)	6) 7.64	Ortez Davis, 2004
6) 7.62	Blake Boma, 2004 (Conf-Knox)	7) 7.69	Dontel Thomas, 2003
7) 7.64	Charles Burton, 1992 (NCAA-UWSP); 1989 (Conf-Cornell)	8) 7.73	Calvin Opgenorth, 2001
7.64	Scott Stanton, 2002 (Conf-Knox); 2001 (Knox)	9) 7.74Y	Peter McNaughton, 1986
7.64	Ortez Davis, 2004 (Knox, Conf-Knox)	10) :7.81	Brian Woodard, 1997

8)	7.65	Charles Burton, 1992 (NCAA-UWSP)
	7.65	Logan Hohl, 2008 (Monmouth)
9)	7.66	Dennis Staggs, 1997 (Conf-Knox); 1998 (Knox)
	7.66	Scott Stanton, 2000 (Conf-Knox); 2002 (NCAA-ONU)
	7.67	Ortez Davis, 2003 (Conf-Knox)
10)	7.68	Dennis Staggs, 1997 (Knox)

### 200 METER INTERMEDIATE HURDLES

#### Performance:

1)	<b>24.92</b>	<b>Dennis Staggs, 1996 (Conf- Cornell)</b>
2)	24.96	Dennis Staggs, 1998 (Conf-Knox)
3)	25.23	Dennis Staggs, 1996 (UW-Platteville)
4)	25.24	Brian Woodard, 1996 (Conf-Cornell)
5)	25.25	Brian Woodard, 1997 (Conf-Knox)
6)	25.31	Brian Woodard, 1997 (Knox)
7)	25.34C	Brian Woodard, 1997 (Augustana)
8)	25.53	Dennis Staggs, 1997 (Knox); 1998 (UW-Oshkosh)
9)	25.55	Brian Woodard, 1996 (UW-Oshkosh)
10)	25.59	Brian Woodard, 1995 (Conf-Knox)

#### Individual:

1)	<b>24.92</b>	<b>Dennis Staggs, 1996</b>
2)	25.24	Brian Woodard, 1996
3)	26.97	Jason Ostrander, 1997
4)	27.09	Chris Lacy, 1998
5)	27.15	Clinton Tarpley, 1997
6)	27.30	Clay Willis, 1996
7)	27.54	Eric Weber, 1995
8)	29:20	Josh Hatch, 1998

### 55 METER DASH

#### Performance:

1)	<b>6.47</b>	<b>Charles Burton, 1992 (Cornell)</b>
	<b>6.47</b>	<b>Blake Boma, 2005 (Conf – Illinois College)</b>
2)	6.48	Blake Boma, 2005 (UW-Whitewater)
3)	6.49	Keenan King, 2003 (Knox)
	6.49	Blake Boma, 2004 (Conf-Knox)
4)	6.50	Dante Daniels, 2007 (Conf-Knox)
5)	6.51	Dante Daniels, 2007 (Conf-Knox)
6)	6.52	Keenan King, 2003 (Conf-Knox)
7)	6.53	David Thompson, 1996 (Conf-Cornell)
	6.53	Charles Burton, 1992 (Iowa State)
8)	6.54	Charles Burton, 1992 (Conf-Cornell); 1991 (Sterling)
	6.54	Justin Bryant, 1998 (Conf-Knox)
	6.54 (C)	Tony Williams, 1991 (Sterling)
	6.54	Keenan King, 2003 (Central)
9)	6.55	Dante Daniels, 2006 (Conf-Monmouth); 2007 (Monmouth, Anderson)
10)	6.56	Charles Burton, 1991 (Conf-Cornell, Cornell)
	6.56	Keenan King, 2003 (DePauw, Conf-Knox)
	6.56	Dante Daniels, 2007 (Anderson)
	6.56	Kyle Prout, 2009 (Knox)

#### Individual:

1)	<b>6.47</b>	<b>Charles Burton, 1992</b>
	<b>6.47</b>	<b>Blake Boma, 2005 (Conf – Illinois College)</b>
3)	6.49	Keenan King, 2003
4)	6.50	Dante Daniels, 2007 (Conf-Knox)
5)	6.53	David Thompson, 1996
6)	6.54C	Tony Williams, 1991
	6.54	Justin Bryant, 1998
8)	6.56	Kyle Prout, 2009 (Knox)
9)	6.57	Aaron Daverin, 2007 (Conf-Knox); 2008 (Wartburg)
10)	6.58	Ryan Moll, 2003
	6.58	Saidu Sesay, 2009 (Conf-Monmouth)

### 200 METER DASH

#### Performance:

1)	<b>21.94</b>	<b>Tyler Rundle, 2005 (Conf – Illinois College)</b>
2)	22.08	Keenan King, 2003 (Conf-Knox)
3)	22.15	Keenan King, 2003 (IWU)
4)	22.22	David Thompson, 1996 (UW-Oshkosh)
5)	22.27	Dante Daniels, 2007 (Conf-Knox)
5)	22.28	Brian Houzenga, 1997 (Conf-Knox)

#### Individual:

1)	<b>21.94</b>	<b>Tyler Rundle, 2005 (Conf – Illinois College)</b>
2)	22.08	Keenan King, 2003
3)	22.22	David Thompson, 1996
4)	22.27	Dante Daniels, 2007 (Conf-Knox)
5)	22.28	Brian Houzenga, 1997
	22.28	Ryan Moll, 2004

22.28	Ryan Moll, 2004 (UW-Whitewater)	7)	22.47	Blake Boma, 2005 (Conf – Illinois College)
6) 22.29	Keenan King, 2002 (Conf-Knox)			
22.29	Tyler Rundle, 2005 (Monmouth)	8)	22.51	Aaron Daverin, 2008 (Wartburg)
7) 22.31	Dante Daniels, 2006 (Conf-Monmouth)	9)	22.60	Justin Bryant, 1998
8) 22.36	Ryan Moll, 2002 (Conf-Knox)	10)	22.67	Luke Reschke, 2008 (IWU)
9) 22.38	Keenan King, 2002 (U-WOSH)			
10) 22.39	Tyler Rundle, 2006 (Conf-Monmouth)			

### 300 METER DASH

#### Performance:

1) 35.28	Charles Burton, 1992 (Conf-Cornell)
2) 35.64	Luke Reschke, 2009 (Monmouth)
3) 35.73	Charles Burton, 1991 (Conf-Cornell)
4) 35.77	Charles Burton, 1990 (Conf-Cornell)
5) 35.86	Charles Burton, 1992 (Cornell)
6) 36.01	Charles Burton, 1991 (Cornell)
7) 36.23	Jason Devino, 1992 (Conf-Cornell)
36.23	Charles Burton, 1991 (Cornell)
8) 36.25	Charles Burton, 1990 (Cornell)
9) 36.27	Charles Burton, 1989 (Cornell)
10) 36.54C	Peter McNaughton, 1987 (Cornell)

#### Individual:

1) 35.28	Charles Burton, 1992
2) 35.64	Luke Reschke, 2009 (Monmouth)
3) 36.23	Jason Devino, 1992
4) 36.24	Jacob Stott, 2009 (Monmouth)
5) 36.54C	Peter McNaughton, 1987
6) 36.58	Jeff McCraven, 1992
7) 36.78	Chris Lacy, 2001
8) 37.97	Bob Shumaker, 1990
9) 38.04	Shane Bertelsen, 1992
10) 38.38	Tony Williams, 1991

### 400 METER DASH

#### Performance:

1) 48.00	Keenan King, 2003 (Conf-Knox)
2) 48.37	Keenan King, 2003 (NCCA-DePauw)
3) 48.85	Luke Reschke, 2009 (UW-Stevens Point)
4) 48.93	Luke Reschke, 2008 (Wartburg)
5) 49.01	Luke Reschke, 2009 (NCAA-Rose-Hulman)
6) 49.08	Keenan King, 2003, (IWU)
7) 49.11	Charles Burton, 1992 (NCAA-UWSP)
8) 49.17	Charles Burton, 1992 (NCAA-UWSP)
9) 49.23	Luke Reschke, 2009 (NCAA-Rose-Hulman)
10) 49.25	Luke Reschke, 2008 (Conf – Illinois College)

#### Individual:

1) 48.00	Keenan King, 2003
2) 48.85	Luke Reschke, 2009 (UW-Stevens Point)
3) 49.11	Charles Burton, 1992
4) 49.30	Tyler Rundle, 2005 (Conf – Illinois College)
5) 49.36	Brian Houzenga, 1998
6) 49.40	Jacob Stott, 2009 (UW-Stevens Point)
7) 49.56	Ryan Moll, 2003
8) 49.61	Logan Hohl, 2008 (Conf – Illinois College)
9) 49.87	Jason Devino, 1993
10) 50.04	standard to get on list

### 600 METER DASH

#### Performance:

1) 1:22.22	Jason Devino, 1992 (Conf-Cornell)
2) 1:22.35	David Kimber, 1997 (Conf-Knox)
3) 1:22.72	Jason Devino, 1993 (Cornell)
4) 1:22.81	David Kimber, 1997 (Knox)
5) 1:22.83	Jason Devino, 1992 (Cornell)
6) 1:22.90	Jason Devino, 1992 (UNI)
7) 1:22.94C	Jeff McCraven, 1991 (Sterling)
8) 1:23.16	David Kimber, 1998 (Conf-Knox)
9) 1:23.20	Jeff McCraven, 1991 (Conf-Cornell)
10) 1:23.55	David Kimber, 1996 (Conf-Cornell)

#### Individual:

1) 1:22.22	Jason Devino, 1992
2) 1:22.35	David Kimber, 1997
3) 1:22.94C	Jeff McCraven, 1991
4) 1:24.26	Aaron Arne, 1992
5) 1:24.42	Jason Dare, 1997
6) 1:24.71	John Clingan, 1989
7) 1:24.84	Adam Rodriguez, 2008 (Monmouth)
8) 1:24.95	Ted McEldowney, 1993
9) 1:25.32	Jamie Nelson, 1997
10) 1:25.64	Curtis Vice, 1994

### 800 METER RUN

#### Performance:

1) 1:53.80	Kel Bond, 2006 (UNI)
2) 1:54.07	Kel Bond, 2007 (UNI)
3) 1:54.43	Kel Bond, 2004 (UW-Whitewater)
4) 1:55.24	Kel Bond, 2007 (DePauw)

#### Individual:

1) 1:53.80	Kel Bond, 2006 (UNI)
2) 1:55.57	Jeff McCraven, 1992
3) 1:56.18	Bryan Bittner, 2002
4) 1:57.88	Aaron Etienne, 2007 (Conf-Knox)

5) 1:55.36	Kel Bond, 2007 (Conf-Knox)	5) 1:58.04Y	Ray Vance, 1980
6) 1:55.49	Kel Bond, 2004 (Conf-Knox)	6) 1:58.31	Adam Rodriguez, 2005
7) 1:55.89	Kel Bond, 2007 (Monmouth)	7) 1:58.50	Dan Schisler, 1992
8) 1:55.50	Kel Bond, 2006 (Conf-Monmouth)	8) 1:58.51	Clinton Tarpley, 1996
9) 1:55.57	Jeff McCraven, 1992 (Cornell)	9) 1:58.79	Jason Devino, 1993
10) 1:55.65	Jeff McCraven, 1992 (NCAA-UWSP)	10) 1:58.99	Damon Bautista, 2009 (Monmouth)

### 1000 METER RUN

<b>1) 2:31.6</b>	<b>Steve Hartman, 1992 (Conf-Cornell)</b>	<b>Individual:</b>	
2) 2:33.03	Frank Schweda, 1998 (Conf-Knox)	<b>1) 2:31.6</b>	<b>Steve Hartman, 1992</b>
3) 2:33.9	Dan Schisler, 1994 (Knox)	2) 2:33.03	Frank Schweda, 1998
4) 2:34.47	Jamie Verstraete, 1997 (Conf-Knox)	3) 2:33.9	Dan Schisler, 1994
5) 2:34.76	Jamie Verstraete, 1996 (Conf-Cornell)	4) 2:34.47	Jamie Verstraete, 1997
6) 2:35.35	Jamie Nelson, 1997 (Augustana)	5) 2:35.35	Jamie Nelson, 1997
7) 2:35.36	Frank Schweda, 1996 (Conf-Cornell)	6) 2:36.99	Bob Strabley, 1996
8) 2:35.81	Frank Schweda, 1998 (Knox)	7) 2:37.14	Aaron Venters, 1997
9) 2:36.78	Jamie Verstraete, 1996 (UW-Oshkosh)	8) 2:37.74	Mark Luttrell, 1991
10) 2:36.99	Bob Strabley, 1996 (Conf-Cornell)	2:37.74C	Aaron Arne, 1991
		10) 2:37.78	John Clingan, 1989

### 1500 METER RUN

<b>Performance:</b>		<b>Individual:</b>	
<b>1) 3:55.46</b>	<b>Zach Barr, 2004 (UW-Whitewater)</b>	<b>1) 3:55.46</b>	<b>Zach Barr, 2004</b>
2) 3:56.73	Steve Hartman, 1992 (Conf-Cornell)	2) 3:56.73	Steve Hartman, 1992
3) 3:57.40	Dan Schisler, 1992 (Conf-Cornell)	3) 3:57.40	Dan Schisler, 1992
4) 3:57.96	Zach Barr, 2004 (IWU)	4) 4:01.38	Bryan Bittner, 2003
5) 3:58.06	Steve Hartman, 1992 (Chicago)	5) 4:02.08	Frank Schweda, 1998
6) 3:58.07	Zach Barr, 2004 (Conf-Knox)	6) 4:05.46	Jamie Verstraete, 1996
7) 3:59.63	Dan Schisler, 1992 (Cornell)	7) 4:05.77	Jamie Nelson, 1998
8) 4:01.31	Dan Schisler, 1992 (Chicago)	8) 4:07.20	Kel Bond, 2004
9) 4:01.38	Bryan Bittner, 2003 (Conf-Knox)	9) 4:07.68	Anthony Welty, 2005
10) 4:02.08	Frank Schweda, 1998 (Conf-Knox)	10) 4:08.19	John Clingan, 1987

### 3000 METER RUN

<b>Performance:</b>		<b>Individual:</b>	
<b>1) 8:38.49</b>	<b>Zach Barr, 2004 (Conf-Knox)</b>	<b>1) 8:38.49</b>	<b>Zach Barr, 2004</b>
2) 8:40.90	Zach Barr, 2005 (UNI)	2) 8:41.79	Clay Staley, 2009 (Rose-Hulman)
3) 8:40.97	Zach Barr, 2005 (Conf – Illinois College)	3) 8:44.49	Anthony Welty, 2006 (UNI)
4) 8:41.79	Clay Staley, 2009 (Rose-Hulman)	4) 8:52.20	Jamie Verstraete, 1996
5) 8:42.98	Zach Barr, 2007 (Conf-Knox)	5) 8:54.09	Steve Hartman, 1992
6) 8:43.42	Clay Staley, 2007 (DePauw)	6) 8:58.10	Dan Schisler, 1994
7) 8:44.33	Zach Barr, 2005 (Monmouth)	7) 8:58.35	Joel Eckberg, 1996
8) 8:44.49	Anthony Welty, 2006 (UNI)	8) 8:59.44	Brad Begyn, 2008 (IWU)
9) 8:46.36	Zach Barr, 2007 (UNI)	9) 9:01.78	Darin VanNattan, 2006 (UNI)
10) 8:47.01	Clay Staley, 2007 (Conf-Knox)	10) 9:02.71	Aaron Etienne, 2007 (Illinois Wesleyan)

### 5000 METER RUN

<b>Performance:</b>		<b>Individual:</b>	
<b>1) 15:08.37</b>	<b>Dan Schisler, 1992 (UNI)</b>	<b>1) 15:08.37</b>	<b>Dan Schisler, 1992</b>
2) 15:12.87	Dan Schisler, 1992 (Conf-Cornell)	2) 15:15.92	Zach Barr, 2007 (Conf-Knox)
3) 15:14.66	Dan Schisler, 1992 (Iowa State)	3) 15:16.71	Clay Staley, 2008 (UW-Platteville)
4) 15:15.92	Zach Barr, 2007 (Conf-Knox)	4) 15:17.46	Anthony Welty, 2006 (DePauw)
5) 15:16.71	Clay Staley, 2008 (UW-Platteville)	5) 15:33.85	Jamie Verstraete, 1996
6) 15:17.46	Anthony Welty, 2006 (DePauw)	6) 15:34.43	Joel Eckberg, 1996
7) 15:21.83	Zach Barr, 2007 (DePauw)	7) 15:45.08	Aaron Etienne, 2006 (Monmouth)
8) 15:21.94	Dan Schisler, 1991 (Conf-Cornell)	8) 15:46.85	Steve Hartman, 1992
9) 15:23.79	Zach Barr, 2005 (Monmouth)	9) 15:47.29	Matt Hargleroad, 2003

10) 15:24.93 Zach Barr, 2004 (Monmouth)	10) 15:48.90 Brad Begyn, 2008 (Conf – Illinois College)
<b>60 YARD HURDLES</b>	
<b>Performance:</b>	
1) <b>7.5 Peter McNaughton, 1986</b>	
<b>60 YARD DASH</b>	
<b>Performance:</b>	
1) <b>6.3 John Carter, 1973 (Chicago)</b>	<b>Individual:</b>
2) 6.4 John Carter, 1971 (Chicago)	1) <b>6.30 John Carter, 1973</b>
3) 6.5 Bob Shumaker, 1990 (Western Illinois)	2) 6.05 Bob Shumaker, 1990
6.5 Peter McNaughton, 1985 (Augustana)	6.05 Peter McNaughton, 1985
6.5 Ted Nehrkorn, 1982 (Chicago), 1981 (Augustana)	6.05 Ted Nehrkorn, 1981, 1982
4) 6.6 Peter McNaughton, 1986 (Augustana)	5) 6.60 Jeff Hammel, 1986
6.6 Jeff Hammel, 1986 (Chicago, Augustana)	6.60 Rob Banta, 1983
6.6 Rob Banta, 1983 (Conf-Chicago)	6.60 Rod Slover, 1979
6.6 Ted Nehrkorn, 1981 (UNI)	
6.6 Rod Slover, 1979 (Conf-Chicago)	
<b>300 YARD DASH</b>	
<b>Performance:</b>	
1) <b>32.1 Peter McNaughton, 1987 (Cornell)</b>	<b>Individual:</b>
2) 33.11 Charles Burton, 1989 (Conf-Cornell)	1) <b>32.10 Peter McNaughton, 1987</b>
3) 33.53C Brian Ross, 1986 (Conf-Chicago)	2) 33.11 Charles Burton, 1989
4) 33.79 Benji Blunt, 1988 (Conf-Cornell)	3) 33.54C Brian Ross, 1986
5) 33.8 Ted Nehrkorn, 1981 (Conf-Chicago)	4) 33.79 Benji Blunt, 1988
6) 33.9 Mike Wolf, 1982 (Conf-Chicago)	5) 33.80 Ted Nehrkorn, 1981
7) 34.0 Brian Ross, 1985 (Conf-Chicago)	
34.0 Ted Nehrkorn, 1981 (UNI)	
8) 34.3 Ted Nehrkorn, 1982 (Conf-Chicago)	
9) 34.4 Alex McGehee, 1981 (UNI)	
10) 35.0 Mike Millar, 1975 (Conf-Grinnell)	
<b>600 YARD DASH</b>	
<b>Performance:</b>	
1) <b>1:14.5 Ray Vance, 1981 (Conf-Chicago)</b>	<b>Individual:</b>
2) 1:15.54 Jeff McCraven, 1989 (Conf-Cornell)	1) <b>1:14.50 Ray Vance, 1981</b>
3) 1:15.63 John Clingan, 1989 (Conf-Cornell)	2) 1:15.54 Jeff McCraven, 1989
4) 1:15.89 David Kimber, 1998 (Iowa State)	3) 1:15.63 John Clingan, 1989
5) 1:15.61 Ray Vance, 1981 (UNI)	4) 1:15.89 David Kimber, 1998
6) 1:16.64C David Mannon, 1982 (Conf-Chicago)	5) 1:16.64C David Mannon, 1982
7) 1:16.73 Jason Devino, 1991 (Eastern Illinois)	
1:16.73 John Perschke, 1981 (Augustana)	
8) 1:16.84C Brian Ross, 1985 (Conf-Chicago)	
9) 1:17.04C Brian Ross, 1983 (Conf-Chicago)	
1:17.04 Ray Vance, 1981 (Augustana)	
10) 1:17.3 Tim Wolf, 1986 (Conf-Chicago)	
<b>880 YARD DASH</b>	
<b>Performance:</b>	
1) <b>1:58.5 Ray Vance, 1980</b>	

**1000 YARD RUN****Performance:**

- 1) **2:17.8** Tim McCabe, 1981 (UNI)
- 2) 2:19.7 Tim McCabe, 1981 (Conf-Chicago)
- 3) 2:22.0 John Perschke, 1981 (Aug), 1980 (Chi)
- 4) 2:22.7 John Clingan, 1987 (Conf-Chicago)
- 5) 2:24.4 John Clingan, 1988 (Conf-Cornell)
- 6) 2:25.5 John Stark, 1988 (Conf-Cornell)
- 7) 2:25.6 Chris Pio, 1982 (Grinnell)
- 8) 2:28.0 Robin Murray, 1983 (Conf-Chicago)
- 2:28.0 Ray Vance, 1980 (Augustana)
- 9) 2:29.0 Tim McCabe, 1981 (Augustana)
- 2:29.0 Ray Vance, 1979 (Black Hawk)
- 10) 2:29.6 Robin Murray, 1982 (Conf-Chicago)

**Individual:**

- 1) **2:17.80** Tim McCabe, 1981
- 2) 2:22.00 John Perschke, 1980, 1981
- 3) 2:22.70 John Clingan, 1987
- 4) 2:25.50 John Stark, 1988  
Ray Vance, 1981

**ONE MILE RUN****Performance:**

- 1) **4:16.27** Zach Barr, 2005 (UNI)
- 2) 4:16.67 Zach Barr, 2005 (Conf – Illinois College)
- 3) 4:19.21 Kel Bond, 2007 (Illinois Wesleyan)
- 4) 4:19.68 Zach Barr, 2005 (Illinois Wesleyan)
- 5) 4:19.90 Clay Staley, 2009 (Illinois Wesleyan)
- 6) 4:20.60 Clay Staley, 2008 (Wartburg)
- 7) 4:21.90 Clay Staley, 2008 (Conf – Illinois College)
- 8) 4:21.97 Kel Bond, 2006 (Conf-Monmouth)
- 9) 4:22.0 Don Horneck, 1980 (Conf-Chicago)
- 10) 4:22.59 Kel Bond, 2007 (Conf-Knox)

**Individual:**

- 1) **4:16.27** Zach Barr, 2005
- 2) 4:19.21 Kel Bond, 2007 (Illinois Wesleyan)
- 3) 4:19.90 Clay Staley, 2009 (Illinois Wesleyan)
- 4) 4:22.0 Don Horneck, 1980
- 5) 4:23.07 Anthony Welty, 2005
- 6) 4:23.27 Aaron Etienne, 2007 (Illinois Wesleyan)
- 7) 4:24.10 Steve Hartman, 1992
- 8) 4:25.23 Aaron Etienne, 2006 (UNI)
- 9) 4:25.5 Tim McCabe, 1979
- 10) 4:25.83 Dan Schisler, 1993

**TWO MILE RUN****Performance:**

- 1) **9:37.4** Ed Ryan, 1969 (Chicago)
- 2) 9:41.7 Ken Kite, 1967 (Grinnell)
- 3) 9:47.0 Ed Ryan, 1969 (Chicago)
- 4) 9:52.5 Chris Pio, 1981 (UNI)
- 5) 9:55.0 Tim McCabe, 1981 (Augustana)
- 6) 9:55.1 Chris Pio, 1984 (Conf-Chicago)
- 7) 10:00.6 Keith Hollendonner, 1988 (Conf-Cornell)
- 8) 10:00.9 Chris Pio, 1983 (Conf-Chicago)
- 9) 10:06.0 Chris Pio, 1981 (Conf-Chicago)
- 10) 10:11.0 Chris Pio, 1984 (Augustana)

**Individual:**

- 1) **9:37.4** Ed Ryan, 1969
- 2) 9:41.7 Ken Kite, 1967
- 3) 9:52.5 Chris Pio, 1981
- 4) 9:55.0 Tim McCabe, 1981
- 5) 10:00.6 Keith Hollendonner, 1988
- 6) 10:17.0 Steve Hartman, 1989
- 19:17.0 Jim Schiro, 1981
- 8) 10:28.1 John Clingan, 1986
- 9) 10:42.4 Randy Wakeland, 1988
- 10) 10:45.4 Keith Johnson, 1986

**SHOT PUT****Performance:**

- 1) **56'3-1/4"** Eric Holmes, 2001 (NCAA-UWOSH)
- 2) 55'5" Eric Holmes, 2001 (Knox)
- 3) 55'1-3/4" Eric Holmes, 2001 (Conf-Knox)
- 4) 54'10-1/2" Jeff Rebholz, 2007 (Anderson)
- 5) 54'6-3/4" Jeff Rebholz, 2007 (Illinois Wesleyan)
- 6) 54'5" Chris Sondgeroth, 1998 (Cornell)
- 7) 54'4-1/2" Eric Holmes, 2001 (UWOSH)
- 8) 54'4" Chris Sondgeroth, 1998 (UNI)
- 9) 54'3-1/4" Jeff Rebholz, 2007 (Conf-Knox)
- 10) 54'0-1/2" Jeff Rebholz, 2007 (NCAA-Rose-Hulman)

**Individual:**

- 1) **56'3-1/4"** Eric Holmes, 2001
- 2) 54'10-1/2" Jeff Rebholz, 2007 (Anderson)
- 3) 54'5" Chris Sondgeroth, 1998
- 4) 53'10-1/4" Eric Holmes, 2000
- 5) 52'6-3/4" Zach Wilson, 2008 (Conf – Illinois College)
- 6) 52'3" Bob Lindstrom, 1997
- 7) 51'6¼" Ross Richardson, 1989
- 8) 49'6½" Jose Buckner, 1992
- 9) 49'4½" Sam Cokinos, 2009 (Conf – Monmouth)
- 10) 49'3-3/4" Tobias Dickerson, 2001

**LONG JUMP****Performance:**

- 1) 24' 0½" David Thompson, 1995 (Conf-Knox)
- 2) 23' 6" David Thompson, 1995 (UW-Oshkosh)
- 3) 23' 3¼" David Thompson, 1995 (NCAA-Ohio Northern)
- 4) 23' 1½" Tobias Sumrall, 1991 (Conf-Cornell)  
23' 1-1/2" David Hodge, 2000 (Conf-Knox)
- 5) 23' Albert Greene, 2006 (Conf-Monmouth)
- 6) 22' 11½" David Thompson, 1996 (Conf-Cornell)
- 7) 22' 9¾" Tim Malley, 1995 (Conf-Knox)
- 8) 22' 9-1/2" Albert Greene, 2006 (UW-Whitewater)
- 9) 22' 6¾" Eric Johnson, 1993 (Conf-Knox)
- 10) 22' 6½" David Thompson, 1996 (UW-Oshkosh)

**Individual:**

- 1) 24' 0½" David Thompson, 1995
- 2) 23' 1½" Tobias Sumrall, 1991  
23' 1-1/2" David Hodge, 2000
- 4) 23' Albert Greene, 2006 (Conf-Monmouth)
- 5) 22' 9¾" Tim Malley, 1995
- 6) 22' 6¾" Eric Johnson, 1993
- 7) 22' 6-1/2" Jason Killion, 2004
- 8) 22' 5½" Rod Slover, 1979
- 9) 22' 4-1/2" Brad Gross, 2008 (Conf-Illinois College)
- 10) 22' 3-1/2" Chase Slover, 2003

**TRIPLE JUMP**

- 1) 47' 4-1/2" Alex Stuart, 2007 (UNI)
- 2) 47' 1" Alex Stuart, 2007 (Anderson)
- 3) 47' 0-3/4" Alex Stuart, 2007 (Conf-Knox)
- 4) 46' 4" Alex Stuart, 2007 (Monmouth)
- 5) 46' 3-1/2" Alex Stuart, 2007 (NCAA-Rose-Hulman)
- 6) 46' 3-1/4" Albert Greene, 2006 (UNI)
- 7) 46' 1-1/4" Albert Greene, 2006 (Monmouth)
- 8) 45' 11-3/4" David Hodge, 2000 (Iowa State)
- 9) 45' 11-1/4" Alex Stuart, 2005 (Conf – Illinois College)
- 10) 45' 10-3/4" Albert Greene, 2005 (Ill. Wesleyan)

**Individual:**

- 1) 47' 4-1/2" Alex Stuart, 2007 (UNI)
- 2) 46' 3-1/4" Albert Greene, 2006 (UNI)
- 3) 45' 11-3/4" David Hodge, 2000
- 4) 45' 8¼" Todd Stevens, 1991
- 5) 45' 5¼" Eric Johnson, 1993
- 6) 45' 2-1/4" Chuck Lief, 2006 (Conf-Monmouth)
- 7) 44' 5-1/2" Ted Ross, 2003
- 8) 44' 4½" David Thompson, 1996
- 9) 44' 2-3/4" Sheridan Ray, 2006 (Monmouth)
- 10) 44' 1½" Roger Well, 1986

**HIGH JUMP****Performance:**

- 1) 7' 0" Shawn Maze, 1996 (Conf-Cornell)
- 2) 6' 9-3/4" Jeromy Hogan, 1998 (Conf-Knox)  
6' 9-3/4" Cort Mills, 2001 (NCAA-UWOSH)
- 3) 6' 9" Shawn Maze, 1996 (UW-Oshkosh)  
6' 9" Cort Mills, 2001 (UWOSH)
- 4) 6' 8¾" Eric Johnson, 1992 (Chicago)  
6' 8-3/4" Phil Lark, 1992 (Chicago)
- 5) 6' 8¼" Eric Ealy, 1986 (Conf-Chicago)
- 6) 6' 8" Jeromy Hogan, 1997 (Conf-Knox)  
6' 8" Eric Ealy, 1985 (Conf-Chicago)
- 7) 6' 7½" Eric Ealy, 1986 (NCAA-Bethel)  
6' 7-1/2" Tim Frank, 2005 (Monmouth)
- 8) 6' 7" Jeromy Hogan, 1997 (Knox)
- 9) 6' 6-3/4" Cort Mills, 1999 (UW-Oshkosk)  
6' 6-3/4" Tyler Hannam, 2009 (Illinois Wesleyan)
- 10) 6' 6-1/2" Tim Frank, 2005 (Conf – Illinois College)

**Individual:**

- 1) 7' 0" Shawn Maze, 1996
- 2) 6' 9-3/4" Jeromy Hogan, 1998  
6' 9-3/4" Cort Mills, 2001
- 4) 6' 8¾" Eric Johnson, 1992  
6' 8¾" Phil Lark, 1992
- 6) 6' 8¼" Eric Ealy, 1986  
6' 8¼" Shawn Strachan, 1991
- 8) 6' 7-1/2" Tim Frank, 2005
- 9) 6' 6-3/4" Tyler Hannam, 2009 (Illinois Wesleyan)
- 10) 6' 6-1/2" John Roberts, 2003

**POLE VAULT****Performance:**

- 1) 17' 1-1/2" Peter Sprecher, 2008 (UW-Stevens Pt.)
- 2) 17' 0-3/4" Peter Sprecher, 2008 (Conf-Illinois College)
- 3) 16' 10-3/4" Keenan King, 2003 (Reno)
- 4) 16' 9-1/2" Jonny Henkins, 2007 (Conf-Knox);  
2008 (NCAA-Ohio Northern)

**Individual:**

- 1) 17' 1-1/2" Peter Sprecher, 2008 (UW-Stevens Pt.)
- 2) 16' 10-3/4" Keenan King, 2003
- 3) 16' 9-1/2" Jonny Henkins, 2007 (Conf-Knox);  
2008 (NCAA-Ohio Northern)
- 4) 15' 0-1/4" Brock McAnally, 2009 (Conf – Monmouth)

	16'9-1/2"	Peter Sprecher, 2007 (Conf-Knox)	5)	15'0"	Aaron Walker, 2000
5)	16'7-1/4"	Keenan King, 2003 (NCAA-DePauw)	6)	14'5-1/4"	Dane Justice, 2005
	16'7-1/4"	Peter Sprecher, 2008 (UW-Platteville, IWU)	7)	13' 6"	Joe Clark, 1988
	16'7-1/4"	Jonny Henkins, 2008 (IWU)	8)	13' 0"	Trent Goforth, 1990
6)	16'6-3/4"	Jonny Henkins, 2008 (Wartburg)		13' 0"	Dan Kelleher, 1988
	16'6-3/4"	Peter Sprecher, 2008 (Wartburg)		13' 0"	Roger Well, 1985
7)	16'6"	Keenan King, 2003 (Knox)			
	16'6"	Jonny Henkins, 2007 (Monmouth)			
	16'6"	Peter Sprecher, 2007 (Monmouth)			
8)	16'5-1/2"	Peter Sprecher, 2008 (NCAA-Ohio Northern)			
9)	16'4-3/4"	Keenan King, 2003 (Illinois Wesleyan)			
10)	16'4"	Jonny Henkins, 2007 (Illinois Wesleyan)			

### 35-POUND WEIGHT THROW

#### Performance:

- 1) **62'3-1/4"** Zach Wilson, 2008 (UW-Stevens Pt.)
- 2) 61'4-3/4" Jeff Rebholz, 2007 (Anderson)
- 3) 61'0-3/4" Zach Wilson, 2008 (NCAA-Ohio Northern)
- 4) 60'8" Zach Wilson, 2007 (Conf-Knox)
- 5) 60'4" Zach Wilson, 2008 (UW-Platteville, Wartburg)
- 6) 60'2-1/2" Zach Wilson, 2008 (Conf-Illinois College)
- 7) 59'8-1/4" Zach Wilson, 2008 (Monmouth)
- 8) 59'7" Zach Wilson, 2008 (IWU)
- 9) 59'3" Zach Wilson, 2007 (Anderson)
- 10) 59'2-1/4" Zach Wilson, 2008 (Knox)

#### Individual:

- 1) **62'3-1/4"** Zach Wilson, 2008 (UW-Stevens Pt.)
- 2) 61'4-3/4" Jeff Rebholz, 2007 (Anderson)
- 3) 52'5" Matt Copple, 2003
- 4) 51'3" James Blair, 2005
- 5) 50'8-1/2" Eric Holmes, 2001
- 6) 50'4" Tobias Dickerson, 2002
- 7) 50'2" Courtland Davis, 2001
- 8) 48'8-1/4" Peyton Lumzy, 2008 (Conf-Illinois College)
- 9) 46'6-3/4" Sam Cokinos, 2009 (Monmouth)
- 10) 46'3-1/2" Paul Terpening, 2009 (Conf – Monmouth)

### ALL-TIME TOP TEN RELAY PERFORMANCES

#### 4x200 METER RELAY

- 1) **1:28.64** Rundle, Gross, Franks, Boma, 2005 (Conf – Illinois College)
- 2) 1:28.73 Daverin, Gross, Stott, Reschke, 2008 (Conf – Illinois College)
- 3) 1:29.24 Rundle, Gross, L. Reschke, Daniels, 2007 (Conf-Knox)
- 4) 1:29.28 Rundle, Daniels, Gross, Franks, 2006 (Conf-Monmouth)
- 5) 1:29.40 Rundle, Gross, Franks, Boma, 2005 (Monmouth)
- 6) 1:29.45 Rundle, Gross, Daverin, Daniels, 2007 (Anderson)
- 7) 1:29.79 King, Olson, Moll, Shelby, 2003 (Conf-Knox)
- 8) 1:29.83 Boma, Moll, Rundle, Davis, 2004 (Conf-Knox)
- 9) 1:29.92 Rundle, Gross, Frank, Daniels, 2006 (Monmouth)
- 10) 1:30.05 Bryant, Beverly, Gray, Williams, 2000 (Conf-Knox)

#### 4 x 400 METER RELAY

- 1) **3:17.39** Stott, Gross, Reschke, Hohl, 2008 (UW-Stevens Pt.)
- 2) 3:17.53 Stott, Hohl, Hardman, L. Reschke, 2009 (UW-Stevens Pt.)
- 3) 3:18.53 Daniels, Rundle, J. Reschke, L. Reshcke, 2007 (NCAA-Rose-Hulman)
- 4) 3:18.66 Daniels, Rundle, J. Reschke, L. Reshcke, 2007 (UNI)
- 5) 3:19.37 Stott, Hohl, Hardman, L. Reschke, 2009 (Conf – Monmouth)
- 6) 3:19.58 Stott, Hohl, Hardman, L. Reschke, 2009 (NCAA – Rose-Hulman)

- 7) 3:19.82 Stott, Hohl, S. Reschke, L. Reschke, 2009 (Monmouth)
- 8) 3:20.27 Stott, Gross, Reschke, Daverin, 2008 (Wartburg)
- 9) 3:20.30 Hohl, Stott, Gross, L. Reschke, 2008 (IWU)
- 10) 3:20.46 Moll, King, Gaskill, Williams, 2002 (U-WOSH)

#### **SPRINT MEDLEY RELAY (200-200-400-800)**

- 1) **3:33.71** Moll, Gray, Williams, Bittner, 2002 (Conf-Knox)
- 2) 3:35.28 Gross, Reschke, Rodriguez, Stott, 2008 (Conf-Illinois College)
- 3) 3:35.50 Kerr, Shelby, Gaskill, Calder, 2003 (Conf-Knox)
- 4) 3:36.00 Gross, Meredith, Stott, Bautista, 2007 (Conf-Knox)
- 5) 3:36.47 Rundle, Meredith, Rodriguez, L. Reschke, 2006 (Conf-Monmouth)
- 6) 3:37.77 Beverly, Shelby, Lacy, Calder, 2000 (Conf-Knox)
- 7) 3:37.80 Hardman, Bentz, L. Reschke, Stott, 2009 (Conf – Monmouth)
- 8) 3:37.84 Beverly, Shelby, Lacy, Calder, 2001 (Conf-Knox)
- 9) 3:37.96 Franks, Rundle, Moll, Bond, 2004 (Knox)
- 10) 3:40.78 Beverly, Shelby, Lacy, Calder, 2001 (Knox)

#### **4 x 800 METER RELAY**

- 1) **8:10.25** Verstraete, Schweda, Johnson, Dare, 1997 (Knox)
- 2) 8:19.01 Bittner, Calder, Dare, Hargleroad, 2003 (Central)
- 3) 8:26.34 Arne, Luttrell, Hernandez, Stephens, 1991 (Eastern Illinois)
- 4) 8:31.0 Y Vance, Perschke, McCabe, Horneck, 1979 (Augustana)
- 5) 8:33.88 Nelson, Dare, Tarpley, Workman, 1997 (Cornell)
- 6) 8:34.04C Miles, Nelson, Williams, Sunderlage, 1999 (Cornell)
- 7) 8:37.5 Luttrell, Venters, Tarpley, Strabley, 1994 (Cornell)
- 8) 8:38.2 Y Perschke, Pio, Schiro, Vance, 1981 (Augustana)
- 9) 8:38.83 Strabley, Venters, Schweda, Verstraete, 1997 (Cornell)
- 10) 8:41.44C Schweda, Nelson, Miles, Williams, 1998 (Cornell)

#### **DISTANCE MEDLEY RELAY (1200-400-800-1600)**

- 1) **10:05.00** A. Welty, Rundle, Bond, Barr, 2005 (UW-Whitewater)
- 2) 10:12.52 A. Welty, Rundle, Bond, Barr, 2005 (Monmouth)
- 3) 10:16.11 A. Welty, Rundle, Rodriguez, Barr, 2005 (Monmouth)
- 4) 10:18.39 Barr, L. Reshcke, Bond, Staley, 2007 (Anderson)
- 5) 10:26.33 Etienne, L. Reschke, Bond, A. Welty, 2006 (UW-Whitewater)
- 6) 10:29.29 Leitner, Sesay, Bentz, Staley, 2008 (Conf-Illinois College)
- 7) 10:29.49 Bond, Moll, Morrison, Barr, 2004 (Monmouth)
- 8) 10:34.34 J. Reschke, Etienne, A. Welty, Schierer, 2006 (Conf-Monmouth)
- 9) 10:35.05 Etienne, Faith, Leitner, A. Welty, 2005 (Conf-Illinois College)
- 10) 10:36.73 Bittner, Gaskill, Calder, Hargleroad, 2003 (Knox)

C = converted FAT time from manual time (MT + 0.24 = FAT)

Y = converted from yard distance

## ***HUFF ATHLETIC CENTER FIELDHOUSE MEN'S INDOOR TRACK & FIELD RECORDS***

<b><u>Event</u></b>	<b><u>Athlete/School</u></b>	<b><u>Mark</u></b>	<b><u>Date</u></b>
<b>55 METER HURDLES</b>	Logan Hohl/Monmouth	7.61	Jan. 26, 2008 & Feb. 14, 2009
<b>55 METER DASH</b>	Matt Harden/IWU	6.30	Jan. 26, 2008
<b>200 METER DASH</b>	Josh Hurlebaus/Carroll	21.91	Feb. 28, 2009
<b>300 METER DASH</b>	Matt Hardin/IWU	35.53	Jan. 26, 2008
<b>400 METER DASH</b>	Luke Reschke/Monmouth	49.41	Feb. 28, 2009
<b>600 METER DASH</b>	Kyle Eckberg/Augustana	1:22.06	Jan. 24, 2009
<b>800 METER RUN</b>	Kel Bond/Monmouth	1:55.50	Mar. 3-4, 2006
<b>1000 METER RUN</b>	Andy Phillips/Coe	2:37.61	Feb. 12, 2005
<b>1500 METER RUN</b>	Randy Bill/Augustana	4:04.72	Jan. 31, 2004
<b>MILE RUN</b>	Jimmy O'Brien/Ohio Northern	4:19.81	Jan. 26, 2008
<b>3000 METER RUN</b>	Dave Spandorfer/Washington	8:42.25	Feb. 14, 2009
<b>5000 METER RUN</b>	Adam Booth/Grinnell	14:54.65	Feb. 14, 2004
<b>HIGH JUMP</b>	Cale VanGenderen/Central	7'1-1/2"	Jan. 29, 2005
<b>LONG JUMP</b>	Geoffrey Kaiser/Loras D. J. Jackson/Illinois College	23'0-3/4" 23'0-3/4"	Feb. 12, 2005 Feb. 27, 2009
<b>TRIPLE JUMP</b>	Ken Hunt/Unattached	48'5-1/4"	Feb. 14, 2004
<b>SHOT PUT</b>	Andrew Petro/Illinois Wesleyan	68'11-1/4"	Feb. 14, 2009
<b>35-POUND WEIGHT</b>	Zach Wilson/Monmouth	59'8-1/4"	Jan. 26, 2008
<b>POLE VAULT</b>	Jonny Henkins/Monmouth Peter Sprecher/Monmouth Peter Sprecher/Unattached	16'6" 16'6" 16'6"	Feb. 11, 2006 Feb. 11, 2006 Jan. 24, 2009
<b>4x200 RELAY</b>	Carroll	1:29.03	Feb. 27, 2009
<b>4X400 RELAY</b>	Carroll	3:18.99	Feb. 28, 2009

<b>SPRINT MEDLEY</b>	Monmouth	3:36.47	Mar. 3-4, 2006
<b>DISTANCE MEDLEY</b>	Monmouth	10:12.52	Feb. 12, 2005